

6LH

SM-1000 FORCE FUNCTIONAL TRAINER

The FORCE line delivers an all-inclusive solution to meet the space and budget requirements for a variety of facilities, from community centers to multi-family living to hotels or resorts.

FEATURES


- Dual weight stack design allows users to train or rehabilitate each arm using different resistance levels or allows for two simultaneous users
- Unique twist and roll pulley handles allow for effortless one-handed adjustments through 31 heights clearly marked 1-31
- Instruction placards include illustrations of beginning and ending positions for 20 common exercises
- Multi-grip pull-up bar enhances versatility
- Integrated accessory tray with water bottle holder adds convenience
- Standard accessories include long bar, short bar, lined ankle strap and tricep rope
- Weight stacks per side: 215 lb (98 kg)
- Resistance profile – 2:1
- Max Resistance at pull points: 107.5 lb (49 kg)
- Resistance increments per side: 5 lb (2 kg)
- Cable Travel: 8' (224 cm)




SPECIFICATIONS

DIMENSIONS (L x W x H)
44" x 66" x 85"



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