



Keeping South Florida Healthy
& Fit for over 20 Years!



200 UPRIGHT BIKE

TRUE'S commitment to excellence is quickly recognized in the CS200 upright bike's intuitive design. The angled seat post better accommodates users of all sizes and the handlebar design along with the dual-stage drive system gives users a true road bike feel. The compact footprint will help maximize floor space in every fitness center while giving users differing workout intensity levels suitable for both beginners and advanced users.

FEATURES

- Self-Generating
- 30 Resistance Levels
- Ergonomic Seat with 15 Positions

SPECIFICATIONS

DIMENSIONS (L X W X H)

42" x 25" x 56.5" / 107 cm x 64 cm x 143.5 cm

WORKLOAD RANGE

40 - 400 Watts

DRIVE SYSTEM

Dual Stage Drive System with Poly-V Belts

PRODUCT WEIGHT

138 lbs / 63 kg

Multi Position **Handel bar** design
with Moisture-Resistant Sleeves

Ergonomic **Seat** with
15 Position Settings



2-Front transport wheels
for easy portability



CONSOLE

TWO WINDOW LCD

DISPLAY Standard two window LCD display console featuring 12-15 programs, HRC Heart Rate Control® cruise control, CSAFE power.



561-712-0381



COASTALFITNESS@AOL.COM



WWW.COASTALFITNESS.COM

200 SERIES



CS200 UPRIGHT BIKE

TECHNICAL SPECIFICATIONS	Power Source	Self-Generating
	Drive Motor	Dual Stage Drive System with Poly-V Belts
	Crank	1-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Hybrid Self-Generating Brake
	Resistance Levels	30
	Workload Range	40 - 400 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Ergonomic Seat with 15 Position Settings
	Handlebar Design	Multi-Position With Moisture Resistant Coating
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
	CONSOLE	Display
Programs		15
HRC Workouts		4
HRC Cruise Control		Standard
TRUE Speed Fine Control		Standard
Bike Simulation		Standard
Fitness Test		YMCA Protocol
CSAFE Power		Standard
Diagnostic	Standard	
SAFETY		Low Step-Over Height
REGULATORY APPROVALS		ETL UL1647
EXTRAS	Accessories	Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	42" L x 25" W x 56.5" H / 107 cm x 64 cm x 143.5 cm
	Machine Weight	138 lbs / 63 kg
	Shipping Weight	186 lbs / 84 kg
	Maximum User Weight	350 lbs / 159 kg
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Vertical Market (6-8 hours usage per day)
	Frame	Lifetime
	Parts	5 Years
	Labor	1 Year



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