



Keeping South Florida Healthy
& Fit for over 20 Years!



200 RECUMBENT BIKE

TRUE'S dedication to enabling users to live a healthier lifestyle is the premise for every one of TRUE'S designs and the CS200 Recumbent Bike is another gleaming example. With 24 seat positions and infinite reclining seat back positions, users of all sizes can take advantage of the CS200 Recumbent Bike, which offers challenging, resistance-based programs and features such as HRC for more advanced users. The CS200 Recumbent Bike is the perfect balance between elegance and simplicity making it the perfect addition to any fitness center.

FEATURES

- Self-Generating
- 30 Resistance Levels
- 40-400 Watts Workload Range

SPECIFICATIONS

DIMENSIONS (L X W X H)

66.5" x 25.5" x 52"

RESISTANCE SOURCE

Hybrid Self-Generating Brake

DRIVE SYSTEM

Dual Stage Drive System with Poly-V Belts

PRODUCT WEIGHT

164 lbs

Ergonomic Seat with
24 Position Settings



2-Front transport wheels for easy portability



CONSOLE

TWO WINDOW LCD DISPLAY

Standard two window LCD display console featuring 12-15 programs, HRC Heart Rate Controlcruise control, CSAFE power.



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200 SERIES



CS200 RECUMBENT BIKE

TECHNICAL SPECIFICATIONS	Power Source	Self-Generating
	Drive Motor	Dual Stage Drive System with Poly-V Belts
	Crank	1-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Hybrid Self-Generating Brake
	Resistance Levels	30
	Workload Range	40 - 400 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Ergonomic Seat with 24 Position Settings
	Handlebar Design	Multi Position with Moisture Resistant Sleeves
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible
	CONSOLE	Display
Programs		15
HRC Workouts		4
HRC Cruise Control		Standard
TRUE Speed Fine Control		Standard
Bike Simulation		Standard
Fitness Test		YMCA Protocol
CSAFE Power		Standard
Diagnostic	Standard	
SAFETY	Reinforced Walk-Through Design	
REGULATORY APPROVALS	ETL UL1647	
EXTRAS	Accessories	Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	66.5" L x 25.5" W x 52" H / 169 cm x 65 cm x 128 cm
	Machine Weight	164 lbs / 75 kg
	Shipping Weight	170 lbs. / 78 kg
	Maximum User Weight	350 lbs. / 159 kg
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Vertical Market 6-8 hours usage per day
	Frame	Lifetime
	Parts	5 Years
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.