



Keeping South Florida Healthy
& Fit for over 25 Years!

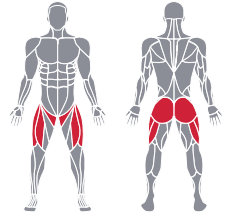
SPIRIT | 40 YEARS

CSD-ITOT INNER THIGH / OUTER THIGH

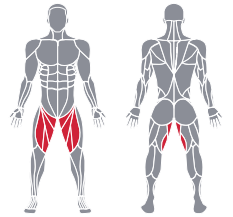


BICEPS CURL

INNER



OUTER



The Inner Thigh and Outer Thigh machine saves floor space by offering dual hip exercises in one convenient design. Large thigh pads and foot supports provide comfort and stability throughout each movement. An integrated rep counter keeps users engaged rep after rep. Built-in storage on the top cap keeps accessories close, while a bar across the front of the weight tower assists with machine exit and entry.

CSD-ITOT INNER THIGH / OUTER THIGH

- Premium beveled pads with sport stitching
- 5lb increment weight for more variety
- Premium LOOS brand USA cables
- Low profile, modern design
- Large storage tray at top of tower
- 170lb graduated weight stack



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SPECIFICATIONS

Performance	<ul style="list-style-type: none"> • 170lb Weight Stack <ul style="list-style-type: none"> • 5 lb Increment Weight • 10 lb Top Plate • 10 x 10 lb Plates • 4 x 15 lb Plates • Pulley Ratio 1.5 x Weight Inner, 1 x Weight Outer • LOOS USA Cables • Premium Beveled Edge Pads • Sport Stitching
Convenience	<ul style="list-style-type: none"> • Rep/Time Counter • Start/Finish Workout Diagrams • Storage Trays (Top of Weight Tower)
Frame	<ul style="list-style-type: none"> • Heavy Gauge Steel Frame • Low Profile Design • High-Quality Electrostatic Powder Coat Finish • Fully Enclosed Weight Stack • Max User Weight Capacity: 360 lbs
Dimensions and Weight	<ul style="list-style-type: none"> • Setup Dimensions: 63.7" x 26.6" x 59" • Shipping Dimensions & Shipping Weight: <ul style="list-style-type: none"> • Carton A: 69" x 24" x 5" - 19.8 lb • Carton B: 74" x 29" x 10" - 100.3 lb • Carton C: 62" x 22" x 45" - 215.4 lb • Carton D: 25" x 9" x 15" - 19.8 lb • Carton E: 21" x 20" x 11" - 184.6 lb
US Light Commercial Warranty	<ul style="list-style-type: none"> • 10 Years Frame • 5 Years Bushings, Bearings, Shocks, Pulleys, Guide Rods • 1 Year Paint and Finishes, Cables, Grips, Counter/Timer, Pull-Pin Components, Rail Wheels, Attachments, All Other Parts Not Mentioned • 6 Months Upholstery • 1 Year Labor <p>*Prisons and correctional facilities are excluded from warranty coverage.</p>

