



Keeping South Florida Healthy  
& Fit for over 20 Years!

*Body-Solid*

## GFID71 Heavy Duty Flat / Incline Decline Bench

Optional Leg Developer Station



Without a doubt, the cornerstone of all strength training equipment is the Flat/Incline/Decline Bench and nothing comes close to the GFID71. The heavy-duty 2" x 3" steel frame can easily handle a load capacity of 600 Lbs. The back and seat pads lock into eight positions to align your body for perfect posture in all your exercises while the ultra-thick DuraFirm upholstery supports you comfortably through the most intense workouts. Lock your legs in the T-Bar Leg Hold Down featuring oversize rollers for extra comfort and stability while you perform upper and lower abdominal exercises as well as incline and decline strength training. Convenient transport wheels let you move the GFID71 effortlessly in and out of any rack for the ultimate in versatility. Full Commercial Warranty.

Dimension: 70"L x 28"W x 19"H  
Product Weight: 100 lbs.

### Special Features

- Included leg hold down
- Transport wheels for easy movement
- 11 gauge, 2"x3" steel construction
- Back adjusts to -15°, 0°, 25°, 45°, 60° 80°
- Seat adjusts to -10°, 0°, 10°, 20°, 30°, 45° 60°
- Weight Capacity: 600 lbs.
- Body-Solid Commercial Rated Warranty

### Warranty



Frame & Welds ..... Lifetime  
Bushings and Hardware ..... 3 Years  
Pads, Cables and Grips ..... 1 Year



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