



Keeping South Florida Healthy
& Fit for over 24 Years!

BODYCRAFT

EXP SERIES™

U1000 UPRIGHT

CONSOLE OPTIONS

One of the Most Comfortable and Fully Featured Upright Bikes Available. The U1000 is a Commercial Upright Bike Featuring an Ultra-Wide Extra Padded Comfort Seat with Gas-Assist Height Adjustment System. Easy Access Thumb Controls and Elbow Rests Combined with other Design Features, and Ergonomics Allow for a Comfortable, Quiet, and Smooth Ride.

Fully Interchangeable EXP Series Consoles. Choose between the 16" and 10" Touchscreen Consoles or Our 9" LCD Console



16 INCH
TOUCHSCREEN



10 INCH
TOUCHSCREEN



9 INCH
LCD



HIGHLIGHTS

- Interchangeable EXP Series Consoles
- Whisper Quiet Pure Precision Commercial Generator Brake
 - 30 Resistance Levels
 - Heart Rate Hand Pulse Grips
 - Handlebar Resistance Controls
- BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet

Ultra-Wide Extra Padded Comfort Seat with Gas-Assist Height Adjustment System Up to 20 Height Positions.

HIGHLIGHTS



HR PULSE GRIPS W/ QUICK LEVEL KEYS



OVERSIZED PEDALS WITH STRAP



WHISPER QUIET GENERATOR BRAKE



561-712-0381



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U1000 UPRIGHT BIKE



TECHNICAL SPECIFICATIONS

BRAKE SYSTEM	Whisper Quiet Pure Precision Commercial Generator Brake
RESISTANCE	30 / 610 Watts Max
DRIVE SYSTEM	10 LB Flywheel with Dual Stage Drive
PEDAL SPACING	Q Factor 7.5"
SEAT	Ultra Wide Comfort Seat W/ 20 Height Positions
HANDLEBARS	Multi-Position W/ Heart Rate Pulse Grips W/ Resistance Controls
HEART RATE	Hand Pulse Grips / Wireless Receiver (Bluetooth, ANT+, & 5kHz)
STABILITY	Adjustable Self Leveling Stabilizer Feet
MOBILITY	Built-In Transport Wheels
QUICK KEYS	Quick Level Keys
POWER	12V – 3 AMP – AC Adapter / Self Generating LCD Display
MAX USER WEIGHT	400lbs
DIMENSIONS/WEIGHT	44"L x 26"W x 60"H / 165 lbs Assembled (174 lbs Packaged)

TOUCHSCREEN CONSOLE SPECIFICATIONS

DISPLAY	10" or 16" High Definition, Full Color, Interactive Touch Screen Computer Display
DATA FEEDBACK	User Defined Data Feedback: RPM, Distance, Speed, Time, Pulse, METs, Calories, Watts, Level, Profile, Media, Volume, Wifi, Bluetooth, Workout Summary
USER PROFILES	6 Fully Customizable User Profiles – 10 Favorite/Custom Programs Each – Stores Comprehensive Data
PROGRAMS	20+ Pre-Loaded Programs: Quick Start, Classics (Goals, Hill, Random, Plateau, Constant Power, Race), Intervals (Classic, HIIT, Custom), HRC's Target, Interval, Fat Burn, Cardio), Fitness Test, Custom, Cool Down
VIRTUAL SCENES	4 Virtual Scenes – Forests, Beaches, Tropics, Mountains
APPS/MEDIA	Pre-Loaded Media Apps, Chrome, YouTube, Facebook, Instagram, Hulu, Netflix, Disney+, Prime Video, Spotify, USB Music MP3 and Video MP4, HDMI Input, Use Bluetooth to Connect to Apps on Your Device
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	Bluetooth, ANT+, and 5kHz Wireless Receivers
AUDIO	3.5mm Audio Jack & Wireless Bluetooth Audio
USB	Power Charging, Software Updates, MP3/MP4 Player
INTERNET	Wired (Ethernet) and Wireless (Wifi) Internet, Cloud Software Update
HDMI	HDMI Input to Expand Your Entertainment Experience
C-SAFE	Dual C-Safe Ports, Charging port and Communication port for optional 3rd party devices.
LANGUAGE	Choose from 4 Languages, English, French, Spanish, or Chinese
MANAGER MODE	Change Parameters, Add Own Logo, Error Code Feedback, Software Updates, Diagnostic History Log, and More

LCD CONSOLE SPECIFICATIONS

DISPLAY	9" Black Mask LCD Interactive Computer Display
DATA FEEDBACK	All-In-One Continuous Feedback with Message Center. RPM, Distance, Speed, Time, Pulse, METs, Calories, Watts, Level, Profile, Workout Summary.
USER PROFILES	2 User Profiles--(Can Be Disabled)
PROGRAMS	10 Pre-Loaded Programs - INTERVAL, HIIT - (High Intensity Interval Training), HRC - (Target, HR Interval), MANUAL - (Goal), CLASSIC - (Random, Hill, Plateau), CONSTANT POWER - (Watts), Cool Down
C-SAFE	Dual C-Safe Ports, Charging port and Communication port for optional 3rd party devices.
BODYCRAFT CONNECT	BODYCRAFT CONNECT Module for Connecting Apps on Smart Phone or Tablet
HEART RATE	Bluetooth, ANT+, and 5kHz Wireless Receivers
MANAGER MODE	Software Update, Pause Mode, Display Mode, and More
USB	Power Charging, Software Updates

WARRANTY

COMMERCIAL	Frame: 10 Years / Parts: 5 Years / 3 Years Console Parts* / Labor: 2 Years** *90 Days CSAFE & USB Ports **Excludes CSAFE & USB Ports, No Labor
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