

Three separate cable stations deliver unlimited exercise options from one machine . . .

Kneeling Lat Pulldown  
One Arm Row  
Low Row  
Low Back Extension  
Pull Up & Chin Up  
Standing Tricep Pressdown  
Overhead Tricep Extension  
Tricep Kickback  
Cable Crossover  
Standing Press  
Alternating Press  
Offer Up  
Wood Chop  
Core Rotation  
Sit Up  
Bent Leg Raise  
Straight Leg Raise  
Rear Delt Fly  
Shoulder Press  
Alternating Press  
Lateral Raise  
Front Lateral  
Upright Row  
Inner & Outer Thigh  
Glute Kick  
Calf Raise  
Lunges  
Squat  
Standing Curl  
Single Arm Curl

. . . and more when used with optional bench or stability ball.



3 machines in one!



Fixed lat pulldown station



Adjustable pulley station



Option: multi-purpose bench



Option: stability ball

## SPECIFICATIONS, FEATURES & WARRANTY **CXT-200**

- 2 x 4"11-gauge oval tubular steel with 3"x3" tubular steel upright support.
- All welded construction by inert-gas MIG welding conforming to Structural Welding Code-Steel Standards and Specifications.
- Eight-step electrostatically applied powder coat finish main frame and Cathedral Gray weight stack protective shields.
- 3/16"and 1/8" USA-Made/Certified EXERFLEX PRO® high performance fitness cable.
- 3/4"solid steel 1045 (tgp) hard chrome finish guide rods.
- 1/2"push-pull spring loaded solid steel adjustment pins with ultimate load of 9040 lbs. and 46042 psi sheer strength.
- Internally encased sealed bearings (load rating of 2400 lbs.) on the fixed high pulleys and solid steel pivot axles with oil-impregnated bronze bushings on the swivel handles.
- TuffStuff's proprietary "flat-groove" 4-1/2" and 3-1/2" fiberglass-impregnated nylon pulleys with sealed roller bearings.
- All frame bolts and nuts are 3/8" and 1/2" zinc oxide. Meets ANSI specifications.
- Solid steel, coiled lanyard magnetic selector weight pin with ball-end to ens secure fit



### LIGHT COMMERCIAL WARRANTY:

**10 YEARS:** Frames, welds, cams and weight plates.

**2 YEARS:** Bushings, pivot bearings, gas-shocks, pulleys, and guide rods.

**1 YEAR:** Linear bearings and pull-pin components.

**6 MONTHS:** Finish, cables, upholstery, and rubber grips.

**ALL OTHER PARTS** not mentioned, one year from the date of purchase to the original purchaser.

**Light Commercial Use:** Light Commercial warranty applies only to facilities like hotels, apartment complexes, personal training studios, fire & police stations, etc. where the equipment would be used by no more than 30 people per day.

**Coastal Fitness**

[www.coastalfitness.com](http://www.coastalfitness.com) | [coastalfitness@aol.com](mailto:coastalfitness@aol.com)

561-712-0381



**CXT-200 Corner Multi-Functional Trainer**

**TUFFSTUFF FITNESS INTERNATIONAL**