Coastal Fitness
Since 1999

Keeping South Florida Healthy
& Fit for over 25 Years!

TRUE

# VAPOR ALPINE RUNNER INCLINE TRAINER

Climb to new heights with the TRUE Alpine Runner Incline Trainer. The ultimate in incline training with an incline range of -3% to 30%, users will intensify their workouts like never before. Built to last, the Alpine Runner features a patented incline system engineered to reduce load on the incline motor and reduce wear and tear.

Brushed Aluminum
Side-Step Design

## FEATURES

- Incline range of -3% to 30%
- A cushioning system and deck built to relieve impact on joints
- Vertical upper handgrips provide support at highest incline
- TRUE's Monument Workouts (available on touchscreen consoles)
- Thumb switches at the end of the handles for ease of use

## SPECIFICATIONS

DIMENSIONS (L X W X H)
71" L x 39.7" W x 71" H

SPEED
0.5 - 12 MPH

INCLINE/DECLINE RANGE
-3% to 30%

PRODUCT WEIGHT
592 lbs

## CONSOLE OPTIONS

**UNITE 16"**
**TOUCHSCREEN**

**UNITE 10"**
**TOUCHSCREEN**

**UNITE LED**
**LED CONSOLE**

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# VAPOR ALPINE RUNNER INCLINE TRAINER

| | | |
|---|---|---|
| TECHNICAL SPECIFICATIONS | Power Source | 120V/20A (NEMA 5-20R receptacle) 230V/15A (NEMA 6-15R receptacle) Option Available |
| | Cord Length | 12' / 3.7M |
| | Drive Motor | 5 HP AC Max Drive™ |
| | Incline Motor | Compression Elevation Motor with 1200 lbs. of Thrust |
| | Speed Sensor | Optical |
| | Deck | Reversible / Waxed |
| | Belt | Maintenance Free |
| | Rollers | 3" / 8 cm Diameter Rollers with Sealed Bearings |
| | Impact System | TRUE Soft System™<br>(neoprene shock absorbers, where neoprene is a synthetic material resembling rubber, but slower to deteriorate and more resistant to oil) |
| | Frame Construction | Robotically Welded Heavy-Gauge Steel |
| | Lubrication | None |
| | Speed Range | 0.5 to 12 MPH / 0.8 to 27 KMH |
| | Incline / Decline Range | -3% to 30% |
| | Color | Matte Black |
| | Bluetooth Heart Rate Monitoring | Available on Unite 16" and Unite 10" |
| | Contact Heart Rate Monitoring | Yes |
| | Wireless Heart Rate Monitoring | Polar® Compatible Bluetooth |
| AVAILABLE CONSOLES | | Unite 16", Unite 10", and Unite LED |
| WORKOUTS | Unite 16" and Unite 10" Consoles | 10K, 5K, AIR FORCE, ARMY, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, DRAW YOUR OWN, GERKIN, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, MARINES, MONUMENT WORKOUT, NAVY, PACER WORKOUT, PEB, QUICK START, ROLLING HILLS, SINGLE HILL, SPEED INTERVALS, TARGET HRC, TIME GOAL, VIRTUAL RUNS, WEIGHT LOSS HILL |
| | LED Console | 10K, 5K, CALORIE GOAL, CARDIO CHALLENGE, DISTANCE GOAL, GERKIN, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL, and WEIGHT LOSS HILL |
| SAFETY | Safety Clip | Standard |
| | Extended Handrails | Standard |
| | High Incline Handrails | Standard |
| | Straddle Covers | Anodized Aluminum |
| | User Detection | Person Present Detection |
| EXTRAS | Accessories | Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder |
| OPTIONAL STEP | | Robotically welded and reinforced steel frame, molded step with TRUE logo surface |
| PHYSICAL SPECIFICATIONS | Footprint | 71" L x 39.7" W x 71" H / 180cm x 101cm x 180cm (with optional step - 81" L x 39.7" W x 71" H / 205.7 cm x 101 cm x 180 cm) |
| | Running Surface | 60" L x 22" W / 152 cm x 56 cm |
| | Machine Weight | 592 lbs / 269 kg |
| | Shipping Weight | 645 lbs / 293 kg |
| | Maximum User Weight | 400 lbs / 181 kg |
| | Deck Step-Up Height | 5"/ 12.7 cm with step. 13.2" / 33.5 cm without step |
| | Portability | 2 Rear Transport Wheels with Built in Rear Handholds |
| WARRANTY | Frame | 7 Years |
| | Parts | 3 Years |
| | Labor | 2 Years |