

TRUE[®]

TRAVERSE



**HIGH INTENSITY
TRAINING**

Most Comprehensive Workout Available

With the side-to-side motion of the TRUE Traverse, users will get a workout like no other --sculpting your core and lower body better than any elliptical or other cardio fitness piece on the market. The TRUE Traverse provides a smooth motion for a better workout in less time. With unique programming features, such as the Skate and Ski workout, users will activate more muscle groups than on other cardio machines. The TRUE Traverse is manufactured with the same high quality and craftsmanship that TRUE has been known for in the fitness industry for over thirty-four years. Experience the **HIGH INTENSITY TRAINING** provided by the new TRUE Traverse today.



TECHNICAL SPECIFICATIONS	Power Source	Self-generated with Emerge and Escalate 9 consoles, External power source with other consoles
	Resistance Type	Generator magnetic
	Resistance Method	Electro-magnetic
	Resistance Levels	30
	Total Resistance (Watts)	450 Watts
	Frame Construction	Welded Heavy Gauge Steel
	Handlebar Design	Multi-Position with Moisture Resistant Sleeves
	Drive System	Dual Stage Drive System
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar Compatible
AVAILABLE CONSOLES	Emerge, Orange LED	
SAFETY	Low Step up Height	Yes
REGULATORY APPROVALS	ETL 1647, CSA, CE, EN 957, FCC	
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	41" x 41" (105cm x 105cm)
	Machine Weight	225 lbs / 102kg
	Shipping Weight	235lbs / 106kg
	Maximum User Weight	350 lbs / 159kg
	Step-Up Height	8.25" (21cm)
	Portability	2 Front Transport Wheels
	Flywheel Weight	26.4 lbs / 12kg
WARRANTY	Warranty Classification	Commercial (all dues paying facilities, regardless of usage)
	Frame	3 Years
	Parts	3 Years
	Labor	3 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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