



Keeping South Florida Healthy  
& Fit for over 20 Years!



## PERFORMANCE 100 TREADMILL

The TRUE® Fitness Performance 100 Treadmill offers affordable quality without skimping on premium technology and engineering for your home fitness needs.

The Performance 100 features TRUE's Soft System® and is manufactured with commercial-grade materials and premium components. It also features the latest in fitness technology and connectivity to revolutionize the user experience, letting them easily track and manage their workouts through the GymTrakr app. Additionally, up to four users can create unique profiles and save their favorite workouts.

### FEATURES

- TRUE Soft System® decreases impact and stress on your joints, so you can run longer and farther
- HRC® Cruise Control gradually adjusts speed and incline to maintain a constant target heart rate throughout your workout
- Includes Heart Rate Strap
- Unique profiles for up to 4 users so you can save up to 5 workouts each
- The latest in fitness app technology & connectivity with the GymTrakr App



8.5" LCD CONSOLE

### SPECIFICATIONS

#### DIMENSIONS (L X W X H)

79" x 32.6" x 57" / 200.6 cm x 82.7 cm x 145 cm

#### SPEED

0.5 to 12.0 MPH / 0.8 to 19.3 km/H

#### INCLINE/DECLINE LEVELS

0% to 15%

#### PRODUCT WEIGHT

297 lbs



TRUE's Soft System Belt

puts less stress on your joints



GymTrakr App  
Connectivity and Tracking



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## TPS100 TREADMILL

TECHNICAL SPECIFICATIONS	Power Source	120v/15A
	Cord Length	10' / 3 M
	Drive Motor	3 HP DC continuous
	Impact System	TRUE Soft System®
	Belt	Standard
	Roller Diameter	3" / 7.62 cm
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Straddle Covers	Oversized Black Plastic
	Speed Range	0.5 MPH to 12.0 MPH / 0.8 KPH to 19.3 KPH
	Incline Range	0% to 15%
	Quick Access Control	Quick Touch Speed & Quick Touch Incline Keys
	Handrail Design	Extended Protective Foam Flared Handrails
	Contact Heart Rate Monitoring	Standard
	Wireless Heart Rate Monitoring	Polar Compatible
	Connectivity	App Connectivity via GEM Module prior to starting workout
	CONSOLE	Display
Workouts		Manual, Hill Intervals, Rolling Hills, Cardio Challenge , Walk and Run Intervals, Speed Ramp, 5K, 10K
Saved Workouts (If Activated)		Console Saves Last Ten (10) Workouts Automatically, Four (4) user profiles, up to Five (5) Saved Workouts for each profile
SAFETY	Safety Clip	Standard
	Extended Handrails	Standard
REGULATORY APPROVALS	ETL UL 1647, CSA, FCC	
EXTRAS	Accessories	Water Bottle Holder (2), Device Ledge, Polar® HR Strap
PHYSICAL SPECIFICATIONS	Footprint	79" L x 32.6" W x 57" H / 200.6 cm x 82.7 cm x 145 cm
	Running Surface	60" L x 21" W / 1524 cm x 53.3 cm
	Machine Weight	297 lbs. / 135 kg
	Maximum User Weight	350 lbs. / 159 kg
	Step-Up Height	6.4" / 16.3 cm
	Portability	Two (2) Front Transport Wheels
WARRANTY	Warranty Type	Residential
	Frame	Lifetime
	Motor	30 Years
	Parts	5 Years
	Labor	1 Year

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.

