



Keeping South Florida Healthy
& Fit for over 25 Years!



FORCE

FUNCTIONAL TRAINER

The FORCE line delivers an all-inclusive solution to meet the space and budget requirements for a variety of facilities, from community centers to multi-family living to hotels or resorts.

FEATURES

- Dual weight stack design allows users to train or rehabilitate each arm using different resistance levels or allows for two simultaneous users
- Unique twist and roll pulley handles allow for effortless one-handed adjustments through 31 heights clearly marked 1-31
- Instruction placards include illustrations of beginning and ending positions for 20 common exercises
- Multi-grip pull-up bar enhances versatility
- Integrated accessory tray with water bottle holder adds convenience
- Standard accessories include long bar, short bar, lined ankle strap and tricep rope
- Weight stacks per side: 215 lb
- Resistance profile – 2:1
- Max Resistance at pull points: 107.5 lb
- Resistance increments per side: 5 lb
- Cable Travel: 8'

SPECIFICATIONS

DIMENSIONS L X W X H
44.5" x 66.25" x 84.75"

PRODUCT WEIGHT

Weight Stack 2 x 215 lbs
Machine Weight 681 lbs



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