



MP SERIES



Keeping South Florida Healthy
& Fit for over 25 Years!



TRUE FITNESS STRENGTH:
MP SERIES

MAKE THE MOST OF YOUR SPACE

The MP Series makes the most out of your facility's space with two, three, and four stack multi-purpose units.

 TRUE FITNESS



Keeping South Florida Healthy
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MP SERIES USER AMENITIES



SPACE-EFFICIENT DESIGN

Ideal for facilities with limited space, the MP Series accommodates as many as 4 users simultaneously and provides up to 20 different exercise options - all within a compact space.



COMMERCIAL QUALITY CONSTRUCTION

The MP Series is designed for long-term performance with the best in value engineered commercial quality components and construction.



MODERN STYLING

Featuring full metal weight stack enclosures, contoured upholstered pads, and color-coded adjustments, MP Series by TRUE provides modern aesthetics in a space efficient and inviting package.



USER-FRIENDLY FEATURES

Multiple starting positions, intuitive adjustments, and color-coded exercise guides enhance the user experience.



561-712-0381



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**2 WEIGHT STACK/
3 STATION GYM**
MP 2.0



Leg Extension / Leg Curl

- + Four starting positions for both extensions and curls allow users to choose the range of motion best suited to their individual needs

Upper Body

- + Exercise choices include Chest, Incline, & Shoulder Presses; Lat Pulldown and Seated Row; Triceps Pushdown & Extension; and Abdominal Crunch

Low Swivel Pulley

- + Ideal for wide range of exercises including Biceps Curl, Upright Rows, Inner Thigh, and Outer Thigh



**2 WEIGHT STACK/
4 STATION GYM**
MP 2.5



Leg Extension / Leg Curl

- + Four starting positions for both extensions and curls allow users to choose the range of motion best suited to their individual needs

Upper Body

- + Exercise choices include Chest, Incline, & Shoulder Presses; Lat Pulldown and Seated Row; Triceps Pushdown & Extension; and Abdominal Crunch

Low Swivel Pulley

- + Ideal for wide range of exercises including Biceps Curl, Upright Rows, Inner Thigh, and Outer Thigh

Leg Press

- + Low profile design and ergonomically positioned handles for easy entry and exit



**3 WEIGHT STACK/
4 STATION GYM**
MP 3.0



Leg Extension / Leg Curl

- + Four starting positions for both extensions and curls allow users to choose the range of motion best suited to their individual needs

Upper Body

- + Exercise choices include Chest, Incline, & Shoulder Presses; Lat Pulldown and Seated Row; Triceps Pushdown & Extension; and Abdominal Crunch

Low Swivel Pulley

- + Ideal for wide range of exercises including Biceps Curl, Upright Rows, Inner Thigh, and Outer Thigh

Adjustable Cable Column

- + Dual pulleys pivot freely allowing user defined movements



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3 WEIGHT STACK/ 4 STATION GYM MP 3.5



Leg Extension / Leg Curl

- + Four starting positions for both extensions and curls allow users to choose the range of motion best suited to their individual needs
- + 5-position back pad and leg curl thigh pad accommodate a wide range of users

Upper Body

- + Exercise choices include chest, incline, and shoulder presses; lat pulldown and seated row; triceps pushdown and extension; and abdominal crunch

Low Swivel Pulley

- + Ideal for wide range of exercises including Biceps Curl, Upright Rows, Inner Thigh, and Outer Thigh

Leg Press

- + Low profile design and ergonomically positioned handles for easy entry and exit



3 WEIGHT STACK/ 4 STATION GYM MP 4.0



Leg Extension / Leg Curl

- + Four starting positions for both extensions and curls allow users to choose the range of motion best suited to their individual needs
- + 5-position back pad and leg curl thigh pad accommodate a wide range of users

Upper Body

- + Exercise choices include chest, incline, and shoulder presses; lat pulldown and seated row; triceps pushdown and extension; and abdominal crunch

Low Swivel Pulley

- + Ideal for wide range of exercises including Biceps Curl, Upright Rows, Inner Thigh, and Outer Thigh

Adjustable Cable Column

- + Dual pulleys pivot freely allowing user defined movements

Leg Press

- + Low profile design and ergonomically positioned handles for easy entry and exit



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