Coastal Fitness
Since 1999

Keeping South Florida Healthy
& Fit for over 25 Years!

TRUE

FITNESS LINE LAT | ROW
FS-53

Modern styling and space efficient designs make the value engineered Fitness Line the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes, personal training studios or any facility where space and budget are limited.

FEATURES

- 8-position thigh pad easily adjusts to accommodate a wide range of users
- Dual-foot platforms provide support and encourages proper alignment during Seated Row exercise
- Rubber-coated lat bar and row handle for added comfort

SPECIFICATIONS

DIMENSIONS (L x W x H)
77" x 48" x 84"

PRODUCT WEIGHT

Weight Stack Options	170 lbs
Machine Weight	479 lbs

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