Keeping South Florida Healthy
& Fit for over 25 Years!

FITNESS LINE

FS-100 FUNCTIONAL TRAINER

Modern styling and space efficient designs make the value engineered Fitness Line the perfect choice for hotels and resorts, corporate fitness centers, police and fire agencies, apartment and condominium complexes, personal training studios or any facility where space and budget are limited.

FEATURES

- Pulley housings rotate 270˚ to allow movement in multiple planes
- Choice of 23 vertical positions clearly marked 1-23 on adjustment tube
- Color coded exercise guide clearly illustrates the starting and ending positions of 18 primary exercises divided into 6 catagories

OPTIONS

Accessory Kit: Triceps Rope, Sports Handle, Ankle Strap, Teardrop Handle (2)

SPECIFICATIONS

DIMENSIONS L X W X H

39" x 63" x 84"

PRODUCT WEIGHT

Weight Stacks	130 lbs each
Machine Weight	505 lbs
Resistance Weight	65 lbs each
Floor Loading	48 lbs / sq foot
Pull Force Increments	5 lbs
Cable Travel	8 ft

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