



## 400 UPRIGHT BIKE

The C400 Upright Bike combines quality materials with smart design for an overall package that is unbeatable in performance and durability. With one of the lowest step-over heights in the industry, the C400 offers a safe and easy entry for users of all ages and fitness levels. Plus, the small footprint allows you to maximize the premium space in your facility. Multiple console options provide customizable features, technology and asset management capabilities for enhanced user engagement.

### FEATURES

- Self-Generating
- Single Stage Drive System
- 3-Piece Forged Steel Crank System
- 30 Resistance Levels
- Dual Sided Pedals with Ratcheting Strap

### SPECIFICATIONS

#### DIMENSIONS (L X W X H)

44" x 24" x 59" / 111.76 cm x 60.96 cm x 149.86 cm

#### STEP-OVER HEIGHT

18" / 45.72 cm

#### DRIVE SYSTEM

Single Stage Drive System with Poly-V Belts

#### PRODUCT WEIGHT

146 lbs / 66 kg

#### COLOR

Charcoal/Black

Multi Position **Handel bar** design  
with Moisture-Resistant Sleeves

**Ergonomic Seat** with  
15 Position Settings



**2-Front transport wheels**  
for easy portability

### CONSOLE OPTIONS



ENVISION



COMPASS



EMERGE



ESCALATE



561-712-0381



COASTALFITNESS@AOL.COM



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# 400 SERIES



## C400 UPRIGHT BIKE

TECHNICAL SPECIFICATIONS	<b>Power Source</b>	Optional 110V, Self-Generating (with Emerge or Escalate <sup>9</sup> ), 220V Option Available (with Transcend <sup>16</sup> )
	<b>Cord Length</b>	10' / 3.0 M
	<b>Drive System</b>	Single Stage Drive System with Poly-V Belts
	<b>Crank</b>	3-Piece Forged Steel Crank System with Sealed Bearings
	<b>Resistance Source</b>	Hybrid Self-Generating Brake
	<b>Resistance Levels</b>	30
	<b>Workload Range</b>	20-450 Watts
	<b>Frame Construction</b>	Robotically Welded Heavy-Gauge Steel
	<b>Pedals</b>	Dual Sided and Weighted with Integrated Ratcheting Strap
	<b>Seat</b>	Ergonomic Seat with 15 Position Settings
	<b>Handlebar Design</b>	Multi Position with Moisture-Resistant Sleeves
	<b>Contact Heart Rate Monitoring</b>	Yes
	<b>Wireless Heart Rate Monitoring</b>	Polar <sup>®</sup> Compatible
AVAILABLE CONSOLES	Envision <sup>16</sup> with Compass, Envision <sup>16</sup> Escalate <sup>9</sup> , Emerge	
ASSET MANAGEMENT	EcoFit	
REGULATORY APPROVALS	ETL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK	
EXTRAS	<b>Accessories</b>	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	<b>Footprint</b>	44" L x 24" W x 59" H / 111.76 cm x 60.96 cm x 149.86 cm
	<b>Machine Weight</b>	146 lbs / 66 kg
	<b>Shipping Weight</b>	152 lbs / 69 kg
	<b>Maximum User Weight</b>	400 lbs / 181 kg
	<b>Step-Over Height</b>	18" / 45.72 cm
	<b>Portability</b>	2 Front Transport Wheels
WARRANTY	<b>Warranty Type</b>	Commercial (non-dues paying facilities with less than 8 hours of usage per day)
	<b>Frame</b>	Lifetime
	<b>Parts</b>	5 Years (Envision <sup>16</sup> Console is 3 years)
	<b>Labor</b>	2 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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