



400 UPRIGHT BIKE

The C400 Upright Bike combines quality materials with smart design for an overall package that is unbeatable in performance and durability. With one of the lowest step-over heights in the industry, the C400 offers a safe and easy entry for users of all ages and fitness levels. Plus, the small footprint allows you to maximize the premium space in your facility. Multiple console options provide customizable features, technology and asset management capabilities for enhanced user engagement.

FEATURES

- Self-Generating
- Single Stage Drive System
- 3-Piece Forged Steel Crank System
- 30 Resistance Levels
- Dual Sided Pedals with Ratcheting Strap

SPECIFICATIONS

DIMENSIONS (L X W X H)

44" x 24" x 59" / 111.76 cm x 60.96 cm x 149.86 cm

STEP-OVER HEIGHT

18" / 45.72 cm

DRIVE SYSTEM

Single Stage Drive System with Poly-V Belts

PRODUCT WEIGHT

146 lbs / 66 kg

COLOR

Charcoal/Black

Multi Position **Handel bar** design
with Moisture-Resistant Sleeves

Ergonomic Seat with
15 Position Settings



2-Front transport wheels
for easy portability

CONSOLE OPTIONS



ENVISION



ENVISION
WITH COMPASS



ENVISION 9



EMERGE



561-712-0381



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400 SERIES



C400 UPRIGHT BIKE

TECHNICAL SPECIFICATIONS	Power Source	Optional 110V, Self-Generating (with Emerge or Escalate ⁹), 220V Option Available (with Transcend ¹⁶)
	Cord Length	10' / 3.0 M
	Drive System	Single Stage Drive System with Poly-V Belts
	Crank	3-Piece Forged Steel Crank System with Sealed Bearings
	Resistance Source	Hybrid Self-Generating Brake
	Resistance Levels	30
	Workload Range	20-450 Watts
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Pedals	Dual Sided and Weighted with Integrated Ratcheting Strap
	Seat	Ergonomic Seat with 15 Position Settings
	Handlebar Design	Multi Position with Moisture-Resistant Sleeves
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar [®] Compatible
AVAILABLE CONSOLES	Envision ¹⁶ with Compass, Envision ¹⁶ Escalate ⁹ , Emerge	
ASSET MANAGEMENT	EcoFit	
REGULATORY APPROVALS	ETL UL1647, CSA, CE, EN957, FCC, AS4092, C-TICK	
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	44" L x 24" W x 59" H / 111.76 cm x 60.96 cm x 149.86 cm
	Machine Weight	146 lbs / 66 kg
	Shipping Weight	152 lbs / 69 kg
	Maximum User Weight	400 lbs / 181 kg
	Step-Over Height	18" / 45.72 cm
	Portability	2 Front Transport Wheels
WARRANTY	Warranty Type	Commercial (non-dues paying facilities with less than 8 hours of usage per day)
	Frame	Lifetime
	Parts	5 Years (Envision ¹⁶ Console is 3 years)
	Labor	2 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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