



## 400 RECUMBENT BIKE

The C400 Recumbent Bike combines reliability with a step-through design for users of any fitness level to enjoy. The compact, self-powered options allow you to maximize the space in your facility. Multiple console options provide customizable features, technology and asset management capabilities for enhanced user engagement.

### FEATURES

- Self-Generating
- Dual Stage Drive System
- 1-Piece Forged Steel Crank System
- 30 Resistance Levels
- 40-450 Watts Workload Range

### SPECIFICATIONS

#### DIMENSIONS (L X W X H)

72" x 30" x 54" / 182.88 cm x 76.2 cm x 137.16 cm

### RESISTANCE SOURCE

Hybrid Self-Generating Brake

### DRIVE SYSTEM

Dual Stage Drive System with Poly-V Belts

### PRODUCT WEIGHT

165 lbs / 76 kg

### COLOR

Charcoal/Black

Ergonomic Seat with  
25 Position Settings

Multi Position **Handel bar**  
design with Moisture-  
Resistant Sleeves

**2-Front transport wheels**  
for easy portability

### CONSOLE OPTIONS



ENVISION



COMPASS



EMERGE



ESCALATE



561-712-0381



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# 400 SERIES



## C400 RECUMBENT BIKE

TECHNICAL SPECIFICATIONS	<b>Power Source</b>	Optional 110V, Self-Generating (with Emerge or Escalate <sup>9</sup> ), 220V Option Available (with Transcend <sup>16</sup> )
	<b>Cord Length</b>	10' / 3.0 M
	<b>Drive System</b>	Dual Stage Drive System with Poly-V Belts
	<b>Crank</b>	1-Piece Forged Steel Crank System with Sealed Bearings
	<b>Resistance Source</b>	Hybrid Self-Generating Brake
	<b>Resistance Levels</b>	30
	<b>Workload Range</b>	20-450 Watts
	<b>Frame Construction</b>	Robotically Welded Heavy-Gauge Steel
	<b>Pedals</b>	Dual Sided and Weighted with Integrated Ratcheting Strap
	<b>Seat</b>	Ergonomic Seat with 25 Position Settings and Infinite Reclining Positions
	<b>Handlebar Design</b>	Multi Position with Moisture-Resistant Sleeves
	<b>Contact Heart Rate Monitoring</b>	Yes
	<b>Wireless Heart Rate Monitoring</b>	Polar <sup>®</sup> Compatible
AVAILABLE CONSOLES	Envision <sup>16</sup> with Compass, Envision <sup>16</sup> Escalate <sup>9</sup> , Emerge	
ASSET MANAGEMENT	EcoFit	
SAFETY	Reinforced Walk-Through Design	
REGULATORY APPROVALS	ETL UL1647, CSA, CE, FCC	
EXTRAS	<b>Accessories</b>	Water Bottle Holder, Over Molded Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	<b>Footprint</b>	72" L x 30" W x 54" H / 182.88 cm x 76.2 cm x 137.16 cm
	<b>Machine Weight</b>	165 lbs / 76 kg
	<b>Shipping Weight</b>	185 lbs / 84 kg
	<b>Maximum User Weight</b>	400 lbs / 181 kg
	<b>Portability</b>	2 Front Transport Wheels
WARRANTY	<b>Warranty Type</b>	Commercial (non-dues paying facilities with less than 8 hours of usage per day)
	<b>Frame</b>	Lifetime
	<b>Parts</b>	5 Years (Envision <sup>16</sup> Console is 3 years)
	<b>Labor</b>	2 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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