

TRUE

CARDIO

CS400 ELLIPTICAL



Premium Fitness Equipment Since 1981

CS400 Elliptical from TRUE combines the durability and performance expected all over the world from a TRUE product, in a new, sleek and sexy design that is sure to have your users looking twice. The small and compact footprint of the CS400 allows you to place this elliptical machine in tight spaces where a traditional front- or rear-drive elliptical might not work. Plus, your users will love the unique Cardio 360 programming that acts like their own personal trainer in the machine, walking them through a 20-minute total-body workout that no other elliptical on the market can deliver. See what's new with TRUE.



CS400

ELLIPTICAL

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|--------------------------|---------------------------------------|---|
| TECHNICAL SPECIFICATIONS | Power Source | 110V, Self-Generating (with Emerge or Escalate [®]), 220V Option Available (with Transcend10 or Escalate [®]) |
| | Cord Length | 10' (3.0M) |
| | Drive System | Core Drive™ |
| | Total Body Workout | Cardio 360™ |
| | Resistance Source | Hybrid Self-Generating Brake |
| | Maximum Workload | 450 Watts |
| | Frame Construction | Robotically Welded Heavy-Gauge Steel |
| | Stride Length | 21" (53 cm) |
| | Footpad | Soft Step Cushioned Anti-Fatigue Material |
| | Exercise Arms | Radius with Moisture Resistant Sleeves |
| | Handrail Design | Ergonomic Handles with Moisture Resistant Sleeves |
| | Side Step Design | Non-Slip Rubber with Textured Pattern |
| | Contact Heart Rate Monitoring | Yes |
| | Wireless Heart Rate Monitoring | Polar [®] Compatible |
| | Available Consoles | Transcend ¹⁰ , Escalate [®] , Escalate ⁹ , Emerge, |
| Cardio 360™ | Upper Body Isolation | Yes |
| | Lower Body Isolation | Yes |
| | Total Body | Yes |
| | Cardio 360™ Workouts | Yes |
| SAFETY | Side Steps | Standard |
| | Extended Handrails | Standard |
| | Activity Guard (removable) | Standard |
| REGULATORY APPROVALS | | ETL UL1647, CSA, CE, EN957, FCC |
| EXTRAS | Accessories | Water Bottle Holder, Accessory Tray, Over Molded Reading Rack/Tablet Holder |
| PHYSICAL SPECIFICATIONS | Footprint | 62.5" L x 32" W x (159 cm x 81 cm) |
| | Active Footprint | 74" L x 32" W x (188 cm x 81 cm) |
| | Q-Factor | 2" (5 cm) |
| | Machine Weight | 340 lbs. (154 kg) |
| | Shipping Weight | 425 lbs. (193 kg) |
| | Maximum User Weight | 400 lbs. (181 kg) |
| | Step-Up Height | 7.5" (19 cm) |
| | Portability | 2 Front Transport Wheels & Removable Handles |
| WARRANTY | Warranty Classification | Commercial (non-dues paying facilities with less than 8 hours of usage per day) |
| | Frame | Lifetime |
| | Parts | 5 Years |
| | Labor | 2 Years |

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.



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