Coastal Fitness
Since 1999

Keeping South Florida Healthy
& Fit for over 25 Years!

TRUE

APEX ELLIPTICAL

Engineered with precision and powered for optimal results, the Apex Elliptical is built to withstand rigorous use, high-intensity workouts, and performance training over the years. The Apex Elliptical features TRUE's Core Drive® system, which promotes superior balance, stability, and comfort.

FEATURES

- Space efficient, Small Footprint
- Core Drive® System
- Cardio 360™ Total Body Workout
- Hybrid Self-Generating Brake
- 21" Stride Length
- Self-Generating Capability
- Dual Stage System

SPECIFICATIONS

DIMENSIONS (L x W x H)
66" x 34" x 64"

Q-FACTOR
2.5"

STEP-UP HEIGHT
8"

PRODUCT WEIGHT
361lbs

CARDIO 360™ a guided workout to engage the upper, core, and lower body with varying resistance. Upper-Body only option

Soft Step Cushioned
Anti-Fatigue Footpads

Brushed Aluminum
Side-Step Design

CONSOLE OPTIONS

UNITE 22"
TOUCHSCREEN

UNITE 16"
TOUCHSCREEN

UNITE 10"
TOUCHSCREEN

UNITE LED
CONSOLE

561-712-0381 | COASTALFITNESS@AOL.COM | COASTALFITNESS.COM

APEX ELLIPTICAL

TECHNICAL SPECIFICATIONS	Power Source	Self-Generating (110V required with non-LED consoles)
	Cord Length	12' / 3.7M
	Drive System	Core Drive
	Resistance Levels	30
	Maximum Workload	600 Watts
	Resistance Source	Hybrid Self-Generating Brake
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Stride Length	21" / 53 cm
	Footpad	Soft Step Cushioned Anti-Fatigue Material
	Exercise Arms	Ergonomic Handles with Moisture-Resistant Sleeves
	Handrail Design	Extended Handrails with Moisture-Resistant Grips
	Side-Step Design	Anodized Brushed Aluminum
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar® Compatible Bluetooth
AVAILABLE CONSOLES		Unite 16", Unite 10", and Unite LED
WORKOUTS	Unite 16" and Unite 10" Consoles	10K, 5K, CALORIE GOAL, CARDIO 360, CARDIO CHALLENGE, DISTANCE GOAL, DRAW YOUR OWN, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL, VIRTUAL RUNS
	LED Console	10K, 5K, CALORIE GOAL, CARDIO 360, CARDIO CHALLENGE, DISTANCE GOAL, HALF MARATHON, HILL INTERVALS, HRC CRUISE CONTROL, LEG SHAPER, QUICK START, ROLLING HILLS, SINGLE HILL, TARGET HRC, TIME GOAL
TOTAL BODY WORKOUT CARDIO 360	Upper Body Isolation	Yes
	Lower Body Isolation	Yes
	Total Body	Yes
SAFETY	Side Steps	Standard
	Extended Handrails	Standard
EXTRAS	Accessories	Water Bottle Holder (2), Accessory Tray, Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	66" L x 34" W x 64" H / 167.64 cm x 86.36 cm x 162.56 cm
	Active Footprint	73" L x 34" W x 64" H / 185.42 cm x 86.36 cm x 162.56 cm
	Q Factor	2.5" / 6.35 cm
	Machine Weight	361 lbs / 164 kg
	Shipping Weight	409 lbs / 186 kg
	Maximum User Weight	400 lbs / 181 kg
	Step-Up Height	8" / 20.32 cm
	Portability	2 Rear Transport Wheels
WARRANTY	Frame	7 Years
	Parts	3 Years
	Labor	2 Years

Warranties outside the U.S. and Canada may vary - Please contact your dealer for details. Specifications subject to change without notice.