



ALPINE RUNNER



**HIGH INTENSITY
TRAINING**

CLIMB TO NEW HEIGHTS

It's not your average treadmill. It's not your average incline trainer. The TRUE Alpine Runner is the ultimate in incline training. With an incline range of -3% to 30% you can intensify your workout like never before. Combine that with all the quality and features that you know TRUE treadmills for, and you have the best cardio machine on the market. Runners and walkers alike will love the softer deck of TRUE Alpine Runner. Climb to new heights with the TRUE Alpine Runner.



TECHNICAL SPECIFICATIONS	Power Source	120V/20 Amp Dedicated (NEMA 5-15 receptacle) - 12'/3.7m power cord
	Cord Length	12' (3.7M)
	Drive Motor	True 4 HP AC Max Drive™
	Incline Motor	Compression Elevation Motor with 1200 lbs. of Thrust
	Speed Sensor	Optical
	Deck	Double Sided Thermally Fused Laminated 1" Medium Density Fiberboard
	Reversible Deck	Standard
	Belt	Siegling Multi-Ply Belt with PVC Coating
	Rollers	3" / 8 cm Diameter Rollers with Sealed Bearings
	Impact System	TRUE Soft System™ (neoprene shock absorbers, where neoprene is a synthetic material resembling rubber, but slower to deteriorate and more resistant to oil)
	Frame Construction	Robotically Welded Heavy-Gauge Steel
	Lubrication	TRUE Proprietary Lubricant "Silex"®
	Speed Range	0.5 - 12 MPH / 0.8-19 KMH
	Incline Range	-3% to 30%
	Decline Range	Yes (-3%)
	Bluetooth Heartrate Monitoring	Available on Transcend ¹⁶ , Transcend ¹⁰ and Escalate ⁹ Consoles
	CSAFE	YES
	Contact Heart Rate Monitoring	Yes
	Wireless Heart Rate Monitoring	Polar®
	AVAILABLE CONSOLES	Transcend ¹⁶ , Transcend ¹⁰ , Escalate ⁵ , Escalate ⁹ , Emerge
SAFETY	Safety Clip	Standard
	Extended Handrails	Standard
	High Incline Handrails	Standard
	Straddle Covers	Standard
	User Detection	User Present Detection™
REGULATORY APPROVALS	UL, CSA, CE, EN957, FCC	
EXTRAS	Accessories	Water Bottle Holder, Accessory Tray, Reading Rack/Tablet Holder
PHYSICAL SPECIFICATIONS	Footprint	71"L x 39.7"W without step (180cm x 101cm) / with step 81"L x 39.7"W without step (205.7cm x 101cm)
	Running Surface	60" L x 22" W / 152 cm x 56 cm
	Machine Weight	592 lbs / 269 kg
	Shipping Weight	645 lbs / 293 kg
	Maximum User Weight	400 lbs / 181 kg
	Deck Step-Up Height	5" / 29 cm with step, 13.2" / 33.5cm without step
	Portability	2 Rear Transport Wheels with Built in Rear Handholds
WARRANTY	Warranty Classification	Commercial (all dues paying facilities, regardless of usage)
	Frame	Lifetime
	Motor	5 Years
	Parts	3 Years
	Labor	3 Years

