



Since 1999

Keeping South Florida Healthy & Fit for over 25 Years!

SPIRIT | 40 YEARS



Folded View



Optional Extended Handrails

XT285 TREADMILL



Elevate your workout with the new XT285. This treadmill is beyond the basics with a spacious 20" x 60" deck, a bright blue backlit LCD display with all performance-oriented metrics, and direct speed and incline buttons that are great for interval training. The handlebar-mounted speed and incline controls, bluetooth capabilities, pulse grips, and a variety of pre-programmed courses and customizable training options keep you motivated and working out longer. The numerous safety and convenience features including child lock, safety key, deck lift assist, slow deploy and optional extended handrails go beyond the competition.

FEATURES

- 7.5" bright blue backlit LCD with built-in USB charging port
- Built-in Bluetooth connects to apps, audio, and heart rate accessories
- Remote handlebar controls for quick changes on-the-go
- Spacious 20" x 60" Deck with Lift Assist for easy storage
- Superior 3.25HP PowerMax Motor protected by lifetime warranty

CONNECTS TO:



SPIRIT+



FITBIT*



ZWIFT



APPLE HEALTH KIT*



KINOMAP



MAP MY FITNESS*

AND MORE!

*CONNECTS VIA SPIRIT+ APP



561-712-0381



COASTALFITNESS@AOL.COM



WWW.COASTALFITNESS.COM



7.5" Blue Backlit LCD

Reading Rack Ledge

Phone Ledge

Handlebar Incline Control

Handrail Lock

Child Lock

Adjustable Cooling Fan

Safety Key

Hand Pulse Sensors

USB Charger

Direct-Access Speed and Incline Buttons

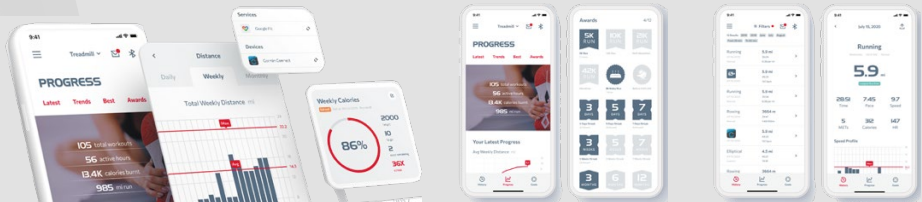
Integrated Bluetooth Speakers

Cup Holders

Handlebar Speed Control



SPIRIT+ APP



- Set fitness goals
- Track workout progress
- Review workout history
- Share with other fitness apps
- Unlock achievements
- Stay motivated

EQUIPMENT SPECIFICATIONS

| | |
|--------------------|---|
| Console | 7.5" Blue Backlit LCD, Dedicated Phone Ledge, Bluetooth Speakers, USB Charging Port, Adjustable Fan, Child Lock |
| Programs | Manual, Hill, Fat Burn, Cardio, Strength, HIIT, Fusion, 5K, 10K, Time, Distance, Calories, User 1-2 |
| Heart Rate | Contact & Bluetooth, Chest Strap Not Included |
| Speed/Incline | 0.5 - 12 mph / 12 Levels |
| Handlebar Controls | Yes, Speed & Incline |
| Drive Motor | 3.25 HP |
| Deck | 1" Phenolic, Silicone Lubricated |
| Belt | 20" x 60" |
| Rollers | 2.5" & 2.0" (Crowned) |
| Frame | Folding, w/ Lift Assist and Slow Deploy, Durable Powder Coat Paint |
| Dimensions | 81" L x 35" W x 58" H |
| Product Weight | 239 lb |
| Max User Weight | 350 lb |

WARRANTY INFORMATION

Residential Warranty: Frame/Motor/Deck: Lifetime, Parts: 10 years, Labor: 1 year



561-712-0381



COASTALFITNESS@AOL.COM



WWW.COASTALFITNESS.COM