

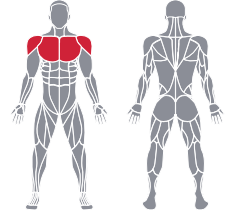


Keeping South Florida Healthy  
& Fit for over 25 Years!

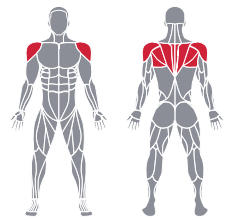
**SPIRIT** | 40 YEARS



PEC FLY



REAR DELT



# CSD-PFRD PEC FLY / REAR DELT

The Pec Fly and Rear Delt machine offers dual exercises focused on the pectoralis and posterior deltoid muscle groups. With multiple hand grip options and an adjustable range of motion, users of all sizes can comfortably hit their next personal record. A large padded seat adjusts easily with the built-in gas-assisted riser and integrated rep counter keeps users positioned properly and engaged rep after rep.

## **CSD-PFRD** PEC FLY / REAR DELT

- 4-bar linkage seat provides easy adjustment
- Premium beveled pads with sport stitching
- Premium LOOS brand USA cables
- Low profile, modern design
- Large storage tray at top of tower
- 200lb graduated weight stack



561-712-0381



COASTALFITNESS@AOL.COM



WWW.COASTALFITNESS.COM

## SPECIFICATIONS

<b>Performance</b>	<ul style="list-style-type: none"> <li>• 200lb Weight Stack               <ul style="list-style-type: none"> <li>• 10 lb Top Plate</li> <li>• 4 x 10 lb Plates</li> <li>• 10 x 15 lb Plates</li> </ul> </li> <li>• Pulley Ratio 0.33 x Weight Per Side</li> <li>• LOOS USA Cables</li> <li>• Premium Beveled Edge Pads</li> <li>• Sport Stitching</li> </ul>
<b>Convenience</b>	<ul style="list-style-type: none"> <li>• Rep/Time Counter</li> <li>• 4-Bar Linkage Seat Adjustment (Gas Assist)</li> <li>• Start/Finish Workout Diagrams</li> <li>• Grip Bumpers Help Avoid Hitting Hands</li> <li>• Storage Trays (Top of Weight Tower)</li> </ul>
<b>Frame</b>	<ul style="list-style-type: none"> <li>• Heavy Gauge Steel Frame</li> <li>• Low Profile Design</li> <li>• High-Quality Electrostatic Powder Coat Finish</li> <li>• Fully Enclosed Weight Stack</li> <li>• Max User Weight Capacity: 360 lbs</li> </ul>
<b>Dimensions and Weight</b>	<ul style="list-style-type: none"> <li>• Setup Dimensions: 57.1" x 57.6" x 78.1"</li> <li>• <b>Shipping Dimensions &amp; Shipping Weight:</b> <ul style="list-style-type: none"> <li>• Carton A: 54" x 24" x 5" - 19.8 lb</li> <li>• Carton B: 60" x 23" x 10" - 92.6 lb</li> <li>• Carton C: 73" x 47" x 10" - 219 lb</li> <li>• Carton D: 47" x 4" x 16" - 7.7 lb</li> <li>• Carton E: 21" x 20" x 11" - 214.7 lb</li> </ul> </li> </ul>
<b>US Light Commercial Warranty</b>	<ul style="list-style-type: none"> <li>• 10 Years Frame</li> <li>• 5 Years Bushings, Bearings, Shocks, Pulleys, Guide Rods</li> <li>• 1 Year Paint and Finishes, Cables, Grips, Counter/Timer, Pull-Pin Components, Rail Wheels, Attachments, All Other Parts Not Mentioned</li> <li>• 6 Months Upholstery</li> <li>• 1 Year Labor</li> </ul> <p>*Prisons and correctional facilities are excluded from warranty coverage.</p>

