



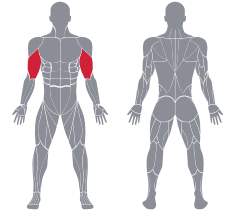
Keeping South Florida Healthy
& Fit for over 25 Years!

SPIRIT | 40 YEARS

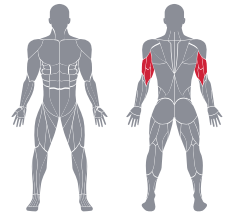
CSD-BCTE BICEPS CURL / TRICEPS EXTENSION



BICEPS CURL



TRICEPS EXTENSION



The Biceps Curl and Triceps Extension machine features an angled arm pad designed to minimize shoulder movement, allowing for targeted emphasis on either the biceps or triceps. The curling/extension bar is adaptable, pivoting to accommodate different forearm lengths and axis of rotation alignment. The adjustable seat ensures ergonomic alignment of elbows with the machine. To enhance the user's experience, the machine is equipped with a built-in rep counter and top cap storage.

CSD-BCTE BICEPS CURL / TRICEPS EXTENSION

- Premium beveled pads with sport stitching
- 5lb increment weight for more variety
- Premium LOOS brand USA cables
- Low profile, modern design
- Large storage tray at top of tower
- 180lb weight stack



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SPECIFICATIONS

| | |
|-------------------------------------|--|
| Performance | <ul style="list-style-type: none"> • 180 lb Weight Stack <ul style="list-style-type: none"> • 5 lb Increment Weight • 15 lb Top Plate • 11 x 15 lb Plates • Pulley Ratio 0.5 x Weight Curl, 0.7 x Weight Bicep • LOOS USA Cables • Premium Beveled Edge Pads • Sport Stitching |
| Convenience | <ul style="list-style-type: none"> • Rep/Time Counter • Start/Finish Workout Diagrams • Storage Trays (Top of Weight Tower) |
| Frame | <ul style="list-style-type: none"> • Heavy Gauge Steel Frame • Low Profile Design • High-Quality Electrostatic Powder Coat Finish • Fully Enclosed Weight Stack • Steel Feet w/Rubber Foot Covers • Max User Weight Capacity: 360 lbs |
| Dimensions and Weight | <ul style="list-style-type: none"> • Setup Dimensions: 43.9" x 51.6" x 62.2" • Shipping Dimensions & Shipping Weight: <ul style="list-style-type: none"> • Carton A: 54" x 24" x 5" - 19.8 lb • Carton B: 60" x 23" x 10" - 92.6 lb • Carton C: 48" x 37" x 20" - 207.2 lb • Carton D: 25" x 8" x 13" - 16.5 lb • Carton E: 21" x 20" x 11" - 189.6 |
| US Light Commercial Warranty | <ul style="list-style-type: none"> • 10 Years Frame • 5 Years Bushings, Bearings, Shocks, Pulleys, Guide Rods • 1 Year Paint and Finishes, Cables, Grips, Counter/Timer, Pull-Pin Components, Rail Wheels, Attachments, All Other Parts Not Mentioned • 6 Months Upholstery • 1 Year Labor <p>*Prisons and correctional facilities are excluded from warranty coverage.</p> |

