

XT285 TREADMILL



SPIRITFIT APP

COMPATIBLE WITH



MyFitnessPal



MapMyFitness



Fitbit



Record



iHealth



There are several key areas that define a well designed treadmill, and the XT285 offers each of them. The XT285 comes equipped with a comfortable belt and cushioning system, powerful drive motor, durable and stable frame, straightforward console and programming, and eye catching aesthetics. All of these features are important in building a quality treadmill that will retain its value for many years.

FEATURES

- 7.5" bright blue backlit LCD screen
- Quick Speed and Incline keys to save time and make workouts more efficient
- Remote Handlebar Toggles for both speed and incline allow for secure workout changes without taking your hands off the side handlebars
- Contact and wireless heart rate monitoring options make your workouts more effective (chest strap transmitter included)
- Spacious 20" x 60" workout area with powerful 3.0HP motor
- Adjustable cooling fan and dual speakers with audio jack for comfort and entertainment
- Bluetooth compatible with SPIRIT FIT App to monitor and record your workout data

SPIRIT



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CONSOLE FEATURES

As with any product, a major importance is the user interface. We focused on making everything easily accessible and comfortable: dual storage trays, handlebar mounted speed and incline toggles, ergonomically friendly pulse grips, adjustable cooling fan, and integrated speakers with audio jack to keep you encouraged to workout longer.

A quick press of a button and you are off on a walk, a run, or one of the many specialized workouts. Our large, easy-to-read console gives you constant feedback on all areas of your workout.



- SYNC YOUR WORKOUTS
- MULTIPLE USER PROFILES
- PROGRAM SELECTION
- TRACK YOUR WORKOUTS
- 3 DIFFERENT DISPLAYS



EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Tablet Friendly Reading Rack, Adjustable Fan, Speakers w/3.5mm Audio Jack, Bluetooth SPIRIT FIT App
Programs	Manual, Hill, Fat Burn, Cardio, Strength, Interval, HR 1-2
Heart Rate	Contact & Telemetric, Heart Rate Transmitter Strap Included
Speed/Incline	0.5 - 12 mph / 0 - 12%
Handlebar Toggles	Yes, Speed & Incline
Drive Motor	3.0 HP
Deck	1"
Belt	20" x 60"
Rollers	2.5" & 2.0" (Crowned)
Frame	Folding, Heavy-Gauge High Strength w/ Durable Powder Coat Paint
Dimensions	81" x 35" x 58"
Product Weight	236 lbs.
Max User Weight	350 lbs.

WARRANTY INFORMATION

Residential Warranty

Frame/Motor/Deck: Lifetime, Parts: 10 years, Labor: 1 year



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