

SERIES XBU55 UPRIGHT



SPIRIT FIT APP

COMPATIBLE WITH



MyFitnessPal



MapMyFitness



Fitbit



Record



iHealth



Indoor exercise bikes have been around for a long time. Their appeal and effectiveness have stood the test of time. Comfort, convenience, familiarity, enjoyment, and medical conditions are a few reasons this modality appeals to a large segment of the population.

Durable, comfortable, and smooth are all qualities of the XBU55 fitness bike. Easy adjustments, a cooling fan, high density foam seat, challenging programs, 20 levels of resistance, and a bright LCD display are all standard.

FEATURES

- Oversized 7.5" bright blue backlit LCD screen with separate Muscle Activation Profile and HR % Profile LED displays
- Contact and wireless heart rate monitoring options make your workouts more effective (chest strap transmitter included)
- Adjustable cooling fan and dual speakers with audio jack for comfort and entertainment
- Fully adjustable seat position allows for easy front/back and up/down adjustments
- Bluetooth compatible with SPIRIT FIT App to monitor and record your workout data

SPIRIT



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CONSOLE FEATURES

As with any product, a major importance is the user interface. We focused on making everything easily accessible and comfortable: adjustable console angle, muscle and heart rate LED profiles, tablet friendly reading rack, adjustable cooling fan, and integrated speakers with audio jack to keep you encouraged to workout longer.



- SYNC YOUR WORKOUTS
- MULTIPLE USER PROFILES
- PROGRAM SELECTION
- TRACK YOUR WORKOUTS
- 3 DIFFERENT DISPLAYS



EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Heart Rate % Profile, Muscle Activation Profile, Tablet Friendly Reading Rack, Adjustable Console Angle, Adjustable Fan, Speakers w/3.5mm Audio Jack, Bluetooth SPIRIT FIT App
Programs	Manual, Hill, Fat Burn, Cardio, Strength, Interval, User 1-2, HR 1-2
Heart Rate	Contact & Telemetric, Heart Rate Transmitter Strap Included
Resistance Levels	20 Levels
Hand Pulse Grips	Yes
Flywheel	30 lbs.
Seat	Large Cushioned Seat
Seat Adjustment	Fully Adjustable - Up/Down, Fore/Aft
Pedals	Regular
Remote Buttons	N/A
Dimensions	43" x 22" x 54"
Product Weight	100 lbs.
Max User Weight	350 lbs.

WARRANTY INFORMATION Residential Warranty
 Frame/Brake: Lifetime, Parts: 10 years, Labor: 1 year