



The XBR55 is our mid-priced semi-recumbent bike. It offers all of the conveniences of the XBR25 along with four additional programs, audio jack with speakers, remote handlebar controls, adjustable seat back, and wireless HR chest strap (included).

FEATURES

- Oversized 7.5" bright blue backlit LCD screen with separate Muscle Activation Profile and HR % Profile LED displays
- Remote Handlebar Toggles for convenient resistance changes without taking your hands off the seat handles
- Contact and wireless heart rate monitoring options make your workouts more effective (chest strap transmitter included)
- Adjustable cooling fan and dual speakers with audio jack for comfort and entertainment
- Easy access seat adjustments for fore/aft and reclining backrest positions
- Bluetooth compatible with SPIRIT FIT App to monitor and record your workout data



SPIRITFIT APP

COMPATIBLE WITH



MyFitnessPal



MapMyFitness



Fitbit



Record



iHealth



CONSOLE FEATURES

As with any product, a major importance is the user interface. We focused on making everything easily accessible and comfortable: adjustable console angle, muscle and heart rate LED profiles, tablet friendly reading rack, adjustable cooling fan, and integrated speakers with audio jack to keep you encouraged to workout longer.



- SYNC YOUR WORKOUTS
- MULTIPLE USER PROFILES
- PROGRAM SELECTION
- TRACK YOUR WORKOUTS
- 3 DIFFERENT DISPLAYS



EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Heart Rate % Profile, Muscle Activation Profile, Tablet Friendly Reading Rack, Adjustable Console Angle, Adjustable Fan, Speakers w/3.5mm Audio Jack, Bluetooth SPIRIT FIT App
Programs	Manual, Hill, Fat Burn, Cardio, Strength, Interval, User 1-2, HR 1-2
Heart Rate	Contact & Telemetric, Heart Rate Transmitter Strap Included
Resistance Levels	20 Levels
Hand Pulse Grips	Yes
Flywheel	24 lbs.
Seat Back Angle	Adjustable
Pedals	Regular
Seating	High Density Seat w/ Adjustable Nylon Mesh Back
Remote Buttons	Resistance
Dimensions	57" x 30" x 50"
Product Weight	139 lbs.
Max User Weight	350 lbs.

WARRANTY INFORMATION Residential Warranty
 Frame/Brakes: Lifetime, Parts: 10 years, Labor: 1 year