



The CRS800 Recumbent Stepper is the perfect solution for those clients wanting a low-impact, full-body workout, while performing a functional movement with minimal stress on lower body joints. The seated stepping motion utilizes a linked, linear motion enabling users to self-adjust the stroke length to accommodate their range-of-motion capabilities. The smooth stepping action is complemented with oversized cushioned foot pedals, linked natural upper body motion with large cushioned multi-grip handles, and a step-through frame design for users with limited mobility.

FEATURES

- Linked upper and lower body linear pattern
- Self-adjusting linear step range from 1 to 12.5 inches
- Step-through frame design for users with limited mobility
- High density foam seat pads with recline and fore/aft adjustment
- Cushioned and adjustable multi-grip handles for comfort and variety
- Contact & Telemetric heart rate capabilities to make the workout more effective
- Oversized cushioned foot pedals for a comfortable feel
- Two cup holders located conveniently on each side of the seat frame

CONSOLE FEATURES

The design of the electronics features an intuitive interface for ease operation, large easy-to-read displays, and multiple program options for users of all levels of fitness. A storage tray for a phone, keys, or an MP3 player, seat mounted pulse grip handles for a comfortable hand position, and a Turbo cooling fan to keeps your clients cool and encourage them to workout longer. A quick press of a button and your clients are off on one of the many specialized workouts such as the Fat Burn or Interval programs.



EQUIPMENT SPECIFICATIONS

Console	7.5" Blue Backlit LCD, Heart Rate % Profile, Muscle Activation Profile, Integrated Reading Rack
Programs	Manual, Hill, Fat Burn, Cardio, Strength, Interval, 2 Heart Rate, 2 User
Heart Rate	Contact & Telemetric (Chest strap sold separately)
Resistance	20 Levels, Watt Range from 5 to 750
Drive Train	Heavy-Duty Poly-V Belt
Power	120 Volts; 15 Amp Circuit Recommended
Seat	High Density Foam Seat Pads, Adjustable Angle, Fore/Aft Adjustment
Pedals	Oversized Cushioned Foot Pedals
Frame	Heavy-Gauge High-Strength Steel w/ Durable Powder-Coat Paint
Dimensions	67" x 31.5" x 48"
Product Weight	258 lbs.
Max User Weight	450 lbs.

WARRANTY INFORMATION

Commercial Warranty (Non-Dues Paying Facilities)

Lifetime: Frame | 5 Years: Parts & Electronics | 2 Years: Labor



561-712-0381



COASTALFITNESS@AOL.COM



WWW.COASTALFITNESS.COM