

**XFW-8100**  
**HALF RACK**

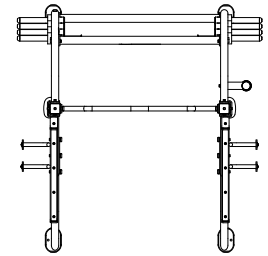


*Choice of 19 vertical catch positions clearly marked 1-19 in 3 inch increments*



*Olympic Bar storage standard*

*Optional Band Peg Kit includes band pegs and integrated band storage*



**SPECIFICATIONS:**

**Dimensions:** US / Metric

D - 67" / 170 cm  
 W - 66" / 167 cm  
 H - 92" / 233 cm\*

**Machine Weight:** 345 lbs. (157 kg)

**Max Load Capacity:** 500 lbs. (227 kg)

**OPTIONS:**

**Band Peg Kit:**

Includes (2) dual band peg assemblies and (2) band storage posts.

**Utility Bench**

Model XFW-7500



Adjusts from -10 to 85 degrees. Wheels for easy moving.

FRAME PAINT COLOR:  
 SILVER & WHITE

\* Accessories including bumper plates, Olympic Bar, and resistance bands are not included.

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