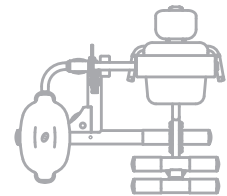




- 5 position range of motion adjustment allows users to easily change between Low Back and Abdominal exercises.
- Dual non-slip foot positions accommodate a wide range of users while providing support during exercise.
- Large easy to read instruction labels with QR codes linked to instructional online videos.

Weight Stack Options	170 lbs. (77 kg).	250 lbs. (113 kg)
Machine Weight	443 lbs. (201 kg)	523 lbs. (237 kg)



Dimensions
 W: 49" (125 cm)
 L: 44" (112 cm)
 H: 57" (145 cm)