

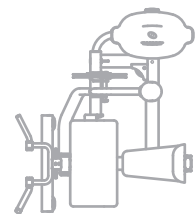


## BICEPS | TRICEPS FS-56



- 5 position seat with low back support to accommodate users of all sizes.
- 3 starting positions for both curls and extensions allow users to choose the range of motion best suited to their individual needs.
- Unique rotating handles require no adjustments and provide comfort and support throughout the entire range of motion.
- Large easy to read instruction labels with QR codes linked to instructional online videos.

Weight Stack Options	170 lbs. (77 kg).	250 lbs. (113 kg)
Machine Weight	476 lbs. (216 kg)	556 lbs. (252 kg)



Dimensions W:  
 51" (130 cm) L:  
 47" (119 cm) H:  
 57" (145 cm)



FRAME PAINT COLOR:  
 SILVER  
 Standard upholstery color Black.