

in e



PREMIUM COMPACT MULTI-STATION

Seated Chest Press with 2 position handle grips and pre-stretch adjustment.

Trunk Supported Seated Rows - facing into the machine and adjusting press/row arms.

Leg Extension station for front thigh muscle development.

Lat Pulldown with thigh hold down roller pads.

Rotary Arms | Dumbbell handles. Perform flys, rear extensions, triceps extensions, biceps curls, upright rows, and more.

Seated Ab Crunch with comfortable canvass shoulder harness with handles.

EZ Adjustable seat height.

200 Lb Solid Steel, Center Drilled eight Stack

No cable changes required!

Dimensions : 66" L x 56" W x 82" H

