



# T3 TREADMILL



Shown with Go Console

The Life Fitness T3 Treadmill is designed with form and function in mind. From its sleek aesthetic curves that complement any home environment, to patented features that provide comfort and control, the T3 Treadmill is everything you expect from Life Fitness.

## PERFORMANCE FEATURES

### GET ON AND GO

GoSystem™ Quick Start with 3 speed and incline presets enables quick, on-the-fly adjustments

### HEART RATE CHECK

Contact heart rate hand sensors and wireless heart rate monitoring system

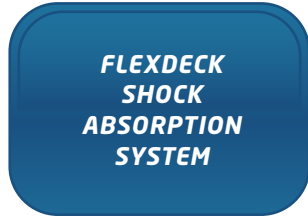
### INTUITIVE NAVIGATION

Ergonomically placed controls provide simple navigation

### ACCESSORIES IN REACH

Oversized, dual accessory trays and built-in reading rack

## HIGHLIGHTED FEATURE



Our patented FlexDeck® Shock Absorption System reduces knee and joint stress by up to 30% when compared to running outside, decreasing the chance for injury. Plus, our incredibly durable Lifespring™ shock absorbers deliver consistent support.

## TREADMILL DETAILS

- > 3.0 Horsepower Continuous Duty (DC) Motor MagnaDrive™ Motor System
- > Speed: 0.5 - 12.0 MPH (0.8 - 19 KPH)
- > Incline: 0-15% in 0.5% increments
- > Belt: 60" L x 20" W multi-ply pre-lubricated (153 cm x 51 cm)
- > Max User Weight: 350 lbs. (159 kg)
- > Warranty: Limited lifetime on frame, and LifeSpring shock absorbers, 10-year on MagnaDrive motor system, 5-year on electrical and mechanical parts, 1-year on labor



Track+ Console



Go Console

Details on back.



Compatible with a variety of fitness apps

## BASE SPECIFICATIONS

SPECIAL FEATURES	T3
<b>Contact heart rate hand sensors on ErgoGrip™ stationary front handlebars</b>	●
<b>Telemetry heart rate monitoring</b> (Wireless chest strap included with console)	●
<b>Frame:</b> 1" x 3.5" (3 cm x 9 cm) steel frame	●
<b>Speed:</b> 0.5 - 12 mph (0.8 - 19.3 kph)	●
<b>Incline:</b> 0 - 15%	●
<b>Motor System:</b> 3.0 HP Continuous Duty MagnaDrive motor system	●
<b>Motor Controller:</b> Microprocessor-based PWM controller	●
<b>Deck:</b> 1" medium density fiberboard	●
<b>Deck Shock Absorption:</b> FlexDeck shock absorption system	●
<b>Handrails:</b> Side handrails and front Ergo™ bar	●
<b>Belt:</b> 60" L x 20" W multi-ply, pre-lubricated (153 cm x 51 cm)	●
<b>Rollers:</b> 2.6" (7 cm) front and 2.0" (5 cm) precision crowned	●
<b>GoSystem Lower Control Pad:</b> One-touch Quick Start; Three customizable speed presets; Three customizable incline presets	●
<b>Accessories:</b> Dual cupholders, accessory tray and reading rack	●
TECHNICAL SPECIFICATIONS	
<b>Maximum user weight</b>	<b>350 lbs</b> 159 kg
<b>Unit length</b>	<b>79.5"</b> 202 cm
<b>Unit width</b>	<b>34.5"</b> 88 cm
<b>Unit height</b>	<b>57.5"</b> 146 cm
<b>Unit weight</b>	<b>243 lbs</b> 110 kg
<b>Power Requirements:</b> Plug-in (all major voltage configurations)	●
<b>Safety:</b> CE, CSA, FCC, TUV, UL	●
<b>Warranty:</b> Limited lifetime warranty on frame and LifeSpring shock absorbers; 10-year on MagnaDrive motor system; 5-year on electrical and mechanical parts; 1-year on labor (warranties outside the U.S. may vary)	●



## CONSOLE SPECIFICATIONS

DISPLAY	TRACK+	GO
<b>Blue and white custom etched LCD:</b> 4 x 6" (10cm x 15cm)	●	●
<b>Instructional message center</b>	●	●
WORKOUT PROGRAMS		
<b>Number of workouts</b>	<b>14</b>	<b>13</b>
<b>Classic workouts</b> (Manual, Random, Hill)	●	●
<b>Advanced workouts</b>		
EZ Incline, Sport Training	●	●
Fit Test	●	—
<b>HeartSync™ heart rate controlled workouts</b> (Fat Burn, Cardio, Heart Rate Hill™, Heart Rate Interval™, Extreme Heart Rate™)	●	●
<b>Goal workouts</b> (Calories, Distance, Target Heart Rate)	●	●
<b>Custom workouts per user Profile</b>	<b>3</b>	<b>1</b>
SPECIAL FEATURES		
<b>Quick Start</b>	●	●
<b>Race mode</b>	—	●
<b>Warm Up and Cool Down mode</b>	●	●
<b>User profiles</b>	<b>4</b>	<b>2</b>
<b>Entertainment Rack</b>	●	—
<b>LFconnect accessibility:</b> at lfconnect.com		
Unlimited customization	●	—
Workout tracking	●	—
USB Port (software updates, saving workout programs)	●	—
LFconnect (download from the iTunes® App Store or Google Play™)	●	—
<b>LFopen™ compatibility with 3rd party apps</b> (for a list of compatible apps visit lifefitness.com/moreapps)	●	—
<b>iPod® compatibility:</b>		
iPhone® (4, 3GS, 3G), iPod touch® (4th, 3rd, 2nd, 1st generations), iPod classic®, iPod® with video, iPod nano® (6th, 5th, 4th, 3rd generations)	●	—
Charging through 30-pin connector	●	—
Integrated controls (play/pause/track changes/volume)	●	—
<b>Android™ compatibility:</b>		
Devices with Android software version 4 and up	●	—
Charging through USB port	●	—
<b>Energy Saver</b>	●	●
WORKOUT FEEDBACK		
<b>Incline, Time, Speed (mph, km/h, rpm), Pace, Distance, Heart Rate, Target Heart Rate, Calories, METS, Animated symbols</b>	●	●
WARRANTIES		
3-year on electrical and mechanical parts;* 1-year on labor (warranties outside the U.S. may vary.) *3V Batteries excluded	●	●

