



Keeping South Florida Healthy  
& Fit for over 20 Years!

*LifeFitness*

# PLATINUM CLUB SERIES

LIFECYCLE UPRIGHT EXERCISE BIKE

PREMIUM CARDIO EQUIPMENT THAT INSPIRES

Platinum Club Series is the result of superior biomechanics, thoughtful design and an innovative push toward the connected experience.



## RIDE IN COMFORT

Multiple adjustments make riding comfortable for almost everyone. Knee-over-pedal-spindle (KOPS) alignment reduces pressure on the knees.



**QUALITY ENGINEERING** The same quality equipment you find in the top health clubs is available for your home.



## DISCOVER SE3 HD



Screen Size	16" (40.5 cm) High-definition 1080p Touch Screen with Swipe™ Technology
Entertainment	Integrated TV (digital), Internet (Ethernet or wireless), Bluetooth®, Interactive Courses, Entertainment Apps
Device Compatibility	Apple® and Android™
LFconnect App Compatibility	Standard
Availability	Worldwide



561-712-0381



COASTALFITNESS@AOL.COM



WWW.COASTALFITNESS.COM

# PLATINUM CLUB SERIES

## LIFECYCLE UPRIGHT EXERCISE BIKE



KEY | • STANDARD ○ OPTIONAL\*

### TECHNICAL SPECIFICATIONS

Power Requirements (Voltage may vary outside U.S)	AC power line 115 volts/ 15 amp circuit
Size (L x W x H)	43" x 24" x 60" (109 x 61 x 152 cm)
Unit Weight	175 lbs (79 kg)
Maximum User Weight	400 lbs (181 kg)

### ENTERTAINMENT

Interactive Courses <sup>†</sup>	•
Streaming Entertainment Apps (Discover SE3 HD and SE3 only)	•
Goal Workouts: Aerobics, Time, Distance, Calories, Heart Rate, Starter Interval, Flat, Hill, Rolling Hills, Random, Watts, MetsClimb	•
Fitness Test Protocols: Life Fitness Fit Tests, Navy PRT, FAMS	•

### CONNECTIVITY

Internet Via CAT6 or CAT5e (Shielded Recommended)	•
Wireless Connectivity: IEEE 802.11a/b/g/n (Standard for Discover SE3 HD and SE3 Only)	•
Bluetooth® Connectivity	•
NFC Connectivity (Discover SE3 HD and SE3 only)	•

### SERVICE

LFconnect Asset Management	•
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### PRODUCT FEATURES

Heart Rate Monitoring <sup>†</sup> : Polar® Telemetry and Bluetooth®+ Heart Rate (optional chest strap required), LIFEPULSE™ Digital Heart Rate Monitoring with DSP (Digital signal processing)	•
Console Options: Discover SE3 HD, Discover SE3***, Discover SI, Explore	○
Comfort Curve™ Seat	•
Wide Ride™ Pedals	•
Easy Adjust Pedal Strap	•
XXL Seat Post and Handlebars	○
26 Resistance Levels	0-25
At-Your-Fingertips Resistance Controls (Located in center of handlebars)	•
Two Wheels for Easy Mobility	•
Frame Color Options: Arctic Silver, Black Onyx, Diamond White, Titanium Storm	○
Headphone Jack	3.5 mm stereo

### WARRANTY\*\*

Lifetime warranty on frame	•
3-year limited warranty on all mechanical and electrical components	•
1-year labor	•

## CONSOLE SPECIFICATIONS

CONSOLE	DISCOVER SE3 HD
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