

Keeping South Florida Healthy & Fit for over 24 Years!









Combines eye-catching design, an extremely natural feeling, and immersive experiences provided by the vivid Discover SE4 console.



CONSOLE INNOVATION

The vivid Discover SE4 Console has a large 24" screen (16" also available) that offers an incredibly immersive workout experience and access to hundreds of workouts through Life FitnessTM On Demand+.



NATURAL STRIDE

The 20" (50.8 cm) stride has a smooth and fluid motion developed from years of research. A large area of knee clearance makes it comfortable for tall exercisers.



OVERSIZED FLEX FORM PEDALS

The large 15" (38 cm) Flex Form™ crowned pedal helps reduce numb foot. The non-slip pedal surface is easy to clean (available on Deluxe Base only).





INTEGRITY + ELLIPTICAL

CONSOLE OPTIONS

Choose from the immersive experiences provided by the Discover SE4 Console (available in 24" and 16" sizes) or the get-on-and-go functionality of the SL Console.





DISCOVER SE4 CONSOLE

SL CONSOLE

SPECIFICATIONS

BASE FEATURES	
20" (50.8 cm) ergonomic fixed stride	•
Multigrip handles with remote resistance controls	•
Resistance levels	0-25
Oversized 15" (38 cm) FlexForm™ pedals	•
Removable locking cup holders	1
Low step-up height	•
FRAME	
Generator drive system	•
Rear wheels for easy mobility	•
Stride Sensor	•
Adjustment levelers for product stability	•
Quick-release removable shroud for simple serviceability	•
Robust paint (corrosion, stain, and chemical resistant coating)	•
Arctic Silver , Titanium Storm, Diamond White, Smooth Charcoal, and Black Onyx Frames	

TECHNICAL SPECIFICATIONS	
Max user weight	400 lbs (181 kg)
Length	86" (218 cm)
Width	29" (73 cm)
Height	64" (163 cm)
Unit weight	301 lbs (137 kg)
POWER REQUIREMENTS	
Self-powered (SL console only)	•
120V, 20A or 230V, 10A (varies by country) outlet	•
Japan: 100V, 20A or 200v, 10A outlet	•
WARRANTY*	
Parts and Labor * Visit LifeFitness.com/warranties for full warranty details.	3 Years



