

# S+ CLUB SERIES+ UPRIGHT LIFECYCLE® BIKE

*Life Fitness*

Bring home your favorite workout from the gym with the Life Fitness Club Series+. Rooted in 20 years of reliability and innovation, this workhorse cardio series is a trusted fixture in top facilities across the world. The Club Series+ Upright LifeCycle Bike offers superior product features for your best workout, advanced exercise technology, and a modern design that looks great in the home.

1



### A COMFORTABLE RIDE

Find your fit with the Comfort Curve™ seat that has 42 fine-tuned seat adjustments. Plus, self-leveling, Wide Ride™ pedals with simple buckle straps allow you to get on and go.

2



### ADVANCED EXERCISE TECHNOLOGY

The intuitive touchscreen console creates a connected experience. Your last workout is automatically saved, so you can replay it and strive to improve your performance. Challenge yourself with our auto-refreshed trending workouts. And, track your progress over time and push workout data to your favorite apps through Bluetooth® and NFC connection.

3



### ERGONOMIC RACING HANDLEBARS

Handlebars are designed to offer cruising, hybrid and race positions. Integrated resistance controls make in-workout changes easy and elbow pads offer added comfort.

4



### SMOOTH AND QUIET RIDE

The generator drive system with 8-ribbed poly-V belt resistance provides a smooth and quiet ride, and requires little to no maintenance.



# S<sup>+</sup> CLUB SERIES<sup>+</sup>

## UPRIGHT LIFECYCLE<sup>®</sup> BIKE

### BASE FEATURES

Deluxe racing handlebars (Ergonomic design with elbow support)	●
Remote resistance controls	●
Easy adjust pedal straps	●
Self-leveling WideRide™ pedals	●
Improved ComfortCurve™ seat	●
Height position adjustment (easy to reach lever while on or off the product)	●
Fine-tuned seat adjustment positions	42
Resistance levels	0- 25
Maximum resistance (Watts)	500
Removable locking cup holders	2
Integrated accessory tray	●

### TECHNICAL SPECIFICATIONS

Dimensions (LxWxH)	41.5"x24.5"x54.5" (105x62x138 cm)
Unit weight	169 lbs (76.5 kg)
Max user weight	400 lbs (181 kg)

### FRAME

Generator Drive System with 8-ribbed poly-V belt for smooth and quiet operation and reduced maintenance	●
Brushed stainless steel vents	●
Front wheels for easy mobility	●
Adjustment levelers for product stability	●
Quick-release removable shroud for simple serviceability	●
Robust paint (corrosion, stain and chemical resistant coating)	●
Titanium Storm frame finish	●

### POWER REQUIREMENTS

Plug-in (all major voltages)	●
Auto Start: Brings power to console when user begins pedaling	●

### CONSOLE SPECIFICATIONS

Screen type	7" LCD
Touch screen	●
Tactile controls	●
Wireless connectivity	●
USB charging port	●
Software updates (Wireless or USB)	●
Device holder/reading rack	●

### DISPLAY SPECIFICATIONS

Language choices (English US, English UK, Spanish, German, Japanese, Dutch, Simplified Chinese, Traditional Chinese, Portuguese, Italian, French, Russian, Korean, Turkish, Polish, Finnish, Hungarian, Arabic, Catalan)	19
Display: Time, speed, distance, resistance, heart rate, calories	●
Expanded display metrics: Time elapsed, distance, calories/hour, METs, watts, average HR, maximum HR, time in zone, average pace, average RPM	●
Polar telemetry compatible (Polar strap included)	●
LifePulse digital heart rate monitoring with DSP (Digital Signal Processing)	●

### DEVICE INTERACTIVITY

QR Code	●
Bluetooth connectivity (Device & HR strap)	●
NFC (Near Field Communication)	●

### WORKOUTS

Manual, Quick Start, Hill, Random	●
Time Goal, Distance Goal, Calories Goal, Heart Rate Goal, METs Goal, Watt Goal, Rolling Hills, Resistance Interval	●
Workout replay (Repeat a previous workout)	●
Trending workouts (Trainer designed, auto-refresh workouts)	●
Workout performance history (View performance trends on last 10 workouts)	●

### DIGITAL SOLUTIONS

LFconnect asset management	●
LFconnect Protect remote equipment monitoring	●

### WARRANTY\*

Parts	3 Years
Labor	1 Year
Frame	Lifetime

\* Warranties outside the U.S. may vary. Specifications subject to change.



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