



CLUB SERIES TREADMILL

The next generation of the most popular cardio equipment in fitness facilities delivers unmatched durability for your home through a combination of exclusive features, like our patented FlexDeck™ Shock Absorption System, and the rigorous testing performed by our reliability engineers. This treadmill also offers a refreshed, non-intimidating console with more options for the personalized entertainment, which helps exercisers complete more enjoyable workouts.

PERFORMANCE FEATURES

HEART RATE MONITORING

Lifepulse™ digital heart rate monitoring hand sensors are conveniently placed on the easy-to-grip Ergo™ bar to provide walkers with precise heart rate monitoring, and Polar® telemetry provides runners with accurate, “hands-free” heart rate monitoring.

MOTIVATING WORKOUT VARIETY

Zone Training+™ Workouts automatically adjust the incline level to keep users in their target heart rate zone



HIGHLIGHT FEATURE



The FlexDeck™ Shock Absorption System reduces knee and joint stress by up to 30% more than non-cushioned surfaces, decreasing the chance for injury. Eight incredibly durable Lifespring™ shock absorbers deliver consistent cushioning.

TREADMILL DETAILS

- Wireless and Lifepulse™ digital contact heart rate monitoring system (wireless chest strap included)
- Patented FlexDeck™ shock absorption system
- Same powerful 4HP AC Continuous Duty motor as used on our best-selling health club model.
- Built-in reading rack and oversized, dual accessory trays.
- Ergonomically correct handlebars and siderails
- 0.5-14 mph (0.8-23 km/h)
- 0-15% incline

Club Series

CARDIO EQUIPPED FOR EVERYDAY AND BEYOND

LifeFitness
WHAT WE LIVE FOR

CLUB SERIES TREADMILL

SPECIFICATIONS

HEART RATE MONITORING		
Polar® Telemetry		●
Lifepulse™ Digital Heart Rate Monitoring with DSP (Digital Signal Processing)		●
WORKOUTS		
Manual, Quick Start		●
Zone Training+™ Heart Rate Workouts: Cardio, Fat Burn, Heart Rate Hill, Heart Rate Interval, Extreme Heart Rate		●
Interval Workouts: Random, Hill, 5K, 10K, Speed Interval Training		●
Goal Workouts: Calories, Distance, Time in Zone		●
Custom Workouts		6
Fitness Test Protocols: Fit Test, WFI Submax Protocol, Navy PRT, Army PFT, Marine PFT, Air Force PRT, Physical Efficiency Battery (PEB)		●
Customized Cool Down		●
DISPLAY READOUT		
Elapsed Time, Distance, Total Calories Burned, Calories Per Hour, Heart Rate, Watts, METs, Workout Profile, Custom Messaging, Speed, Incline, Distance Climbed		●
Language Choices		7
DISPLAY TYPE		
Message Center: 26 character, 7-segment amber LED alphanumeric message center		●
Numeric Keypad		●
SPECIAL FEATURES		
FlexDeck® Shock Absorption System: 8 Lifespring™ shock absorbers		●
Speed Range: 0.5–14 mph (0.8–23 kph)		●
Rollers: 3.5" (9 cm) precision crowned steel rollers, front and back		●
Elevation		0%–15%
Motor System: 4-HP AC Continuous Duty Motor with MagnaDrive™ motor controller		●
Handlebars and Handrails: Overmolded tubular steel Ergo™ bar		●
Side Handrails		26" (66cm) flared
Integrated Reading Rack		●
Integrated Cup Holders and Accessory Holder		●
Welded Steel Frame, Roller Lift Wheels and Rear Levelers		●
Flash Programmable		
TECHNICAL SPECIFICATIONS		
Maximum User Weight		400 lbs (181 kg)
Power Requirements: Dedicated 120 volts / 20 amp circuit (voltage may vary outside U.S.)		●
Running Surface: 20 x 60 (51 cm x 152 cm)		●
Length		83" (211 cm)
Width		37" (94 cm)
Height		63.5" (161 cm)
Unit Weight		425 lbs (193 kg)
Step-up Height		11" (28 cm)
Warranty†	Limited lifetime on frame, LifeSpring™ shock absorbers and drive motor; 10-year on parts	●
	1-year on labor	●

† Warranties outside the U.S. may vary. Specifications subject to change.

LifeFitness
WHAT WE LIVE FOR



561-712-0381



COASTALFITNESS@AOL.COM



WWW.COASTALFITNESS.COM