

CLUB SERIES+

RECUMBENT LIFECYCLE® BIKE

LifeFitness

Bring home your favorite workout from the gym with the Life Fitness Club Series+. Rooted in 20 years of reliability and innovation, this workhorse cardio series is a trusted fixture in top facilities across the world. The Club Series+ Upright LifeCycle Bike offers superior product features for your best workout, advanced exercise technology, and a modern design that looks great in the home.



A COMFORTABLE RIDE

The deluxe, Comfort Curve Plus™ Seat includes back rest and lumbar support, as well as a wrap-around adjustment lever that makes it easy to find the most comfortable seat position.



ADVANCED EXERCISE TECHNOLOGY

The intuitive touchscreen console creates a connected experience. Your last workout is automatically saved, so you can replay it and strive to improve your performance. Challenge yourself with our auto-refreshed trending workouts. And, track your progress over time and push workout data to your favorite apps through Bluetooth® and NFC connection.



GET-ON-AND-GO ACCESSIBILITY

Step-through design and front assist handle allow for easy entry and exit. Self-leveling, Wide Ride™ pedals with simple buckle straps allow exercisers to get started quickly. Integrated resistance controls on side handles makes in-workout adjustments easy.



SMOOTH AND QUIET RIDE

The generator drive system with 8-ribbed poly-V belt resistance provides a smooth and quiet ride, and requires little to no maintenance.



S⁺ CLUB SERIES⁺

RECUMBENT LIFECYCLE[®] BIKE

BASE FEATURES	
Step-through design	●
Front assist handle for easy entry and exit	●
Easy-adjust pedal straps	●
Self-leveling Wide Ride™ Pedals	●
Remote resistance controls	●
Improved Comfort Curve Plus™ Seat with lumbar support	●
Wrap-around seat adjustment lever	●
Fine-tuned seat adjustment positions	41
Resistance levels	0 - 25
Maximum resistance (Watts)	500
Removable locking cup holders	2
Integrated accessory tray	●
TECHNICAL SPECIFICATIONS	
Dimensions (LxWxH)	67"x26"x51.5" (179x66x131 cm)
Unit weight	215 lbs (97.5 kg)
Max user weight	400 lbs (181 kg)
FRAME	
Generator Drive System with 8-ribbed poly-V belt for smooth, quiet operation with reduced maintenance	●
Brushed stainless steel vents	●
Front wheels for easy mobility	●
Adjustment levelers for product stability	●
Quick-release removable shroud for simple serviceability	●
Robust paint (Corrosion, stain, and chemical resistant coating)	●
Titanium Storm frame finish	●
POWER REQUIREMENTS	
Plug-in (All major voltages)	●
Auto Start: Brings power to console when user begins pedaling	●

CONSOLE SPECIFICATIONS	
Screen type	7" LCD
Touch screen	●
Tactile controls	●
Wireless connectivity	●
USB charging port	●
Software updates (Wireless or USB)	●
Device holder/reading rack	●
DISPLAY SPECIFICATIONS	
Language choices (English US, English UK, Spanish, German, Japanese, Dutch, Simplified Chinese, Traditional Chinese, Portuguese, Italian, French, Russian, Korean, Turkish, Polish, Finnish, Hungarian, Arabic, Catalan)	19
Display: Time, speed, distance, resistance, heart rate, calories	●
Expanded display metrics: Time elapsed, distance, calories/hour, METs, watts, average HR, maximum HR, time in zone, average pace, average RPM	●
Polar telemetry compatible (Polar strap included)	●
LifePulse digital heart rate monitoring with DSP (Digital Signal Processing)	●
DEVICE INTERACTIVITY	
QR Code	●
Bluetooth connectivity (Device & HR strap)	●
NFC (Near Field Communication)	●
WORKOUTS	
Manual, Quick Start, Hill, Random	●
Time Goal, Distance Goal, Calories Goal, Heart Rate Goal, METs Goal, Watts Goal Rolling Hills, Resistance Interval	●
Workout replay (Repeat a previous workout)	●
Trending workouts (Trainer designed, auto-refresh workouts)	●
Workout performance history (View performance trends on last 10 workouts)	●
DIGITAL SOLUTIONS	
LFconnect asset management	●
LFconnect Protect remote equipment monitoring	●
WARRANTY*	
Frame and motor	Lifetime
Parts	3 Years
Labor	1 Year
Frame	Lifetime

* Warranties outside the U.S. may vary. Specifications subject to change.



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