

Body-Solid
Built for Life



Optional Attachments:

GAP348
Aluminum Pulley Upgrade Kit

Includes:

GS348Q
Series 7 Linear Bearing Smith Machine

GLA348QS
Selectorized Lat Attachment

GPA3
Pec Dec Station for GLA348QS

GFID71
2"x3" Flat/Incline/Decline Bench

GLDA3
Leg Developer Station: 6 Roller

GPCA1
Preacher Curl Bench

Series - 7 Smith Gym System

This is the best Smith Machine setup you'll find. Consider these advantages over all other packages:

- 7-degree linear ball bearing smith carriage system
- Built-in Olympic weight holders
- 210 pound selectorized weight stack
- Multi-position front gun rack for free weight training
- Includes Adjustable bench
- Additional exercises to take full advantage of your weight stack: pecs, curls, legs, low row

Assembled Dimensions: 84"H x 78"L x 70"W

Special Features

- Lifetime warranty
- Commercial grade construction combined with state-of-the-art biomechanical design
- Pec Attachment: Extra-thick arm roller pads and DuraFirm™ back pad make performing pectoral flies comfortable even with the heaviest weight
- Commercial Flat/Incline/Decline Bench can handle over 1,000 lbs.
- Preacher Curl Attachment is set to the optimum angle to isolate the biceps and forearms for accelerated development



561-712-0381



COASTALFITNESS@AOL.COM



WWW.COASTALFITNESS.COM