

GSCR349 Commercial Seated Calf Raise



GSCR349 Commercial Seated Calf Raise

The GSCR349 Commercial Seated Calf Raise was created to increase calf muscle interaction and speed the rate of development. This is achieved by the use of a unique foot platform design that eliminates stress on the ball of the foot while providing maximum range of motion for deep muscle fiber penetration. The weight carriage is designed for a 3:1 weight ratio and pivots on precision pillow block and sealed ball bearings for smooth friction-free movement through heavy calf-blasting workouts. In order to carry the heaviest loads, the main frame is constructed of 2" x 3" 11-gauge high-tensile strength steel, making the GSCR349 Commercial Seated Calf Raise perfect for high traffic, heavy use gyms and clubs.

Weight plates and olympic adapter sleeves optional

Weight: 95 lbs.
Dimensions: 47"L x 20"W x 39"H

Special Features

- Operates on a 3:1 weight ratio
- Pillow block bearings at main pivot points
- Thick, comfortable DuraFirm knee pads and seat pad
- Angled foot platform with no-slip surface for full range of motion
- Weight plate post is 1" dia. shown with optional #OAS14 - Olympic Adapter Sleeve

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



Frame & Welds Lifetime
Bushings and Hardware Lifetime
Pads, Cables and Grips Lifetime

