

**GPR378**  
Body-Solid - Power Rack

Also available:



**GLA378**  
Lat Attachment  
(SP200 200 lb. Stack optional for GLA378)



**DR378**  
Dip Attachment



**SCB26**  
Squat/Calf Block

**GPR378**  
**Body-Solid Power Rack**

Freedom of movement combined with adjustable racking and safety positions make the Power Rack a must-have for those who want to strength train without compromise. The Body-Solid Power Rack is designed to work with all types of benches and engineered for extreme workouts. Electrostatically applied powder coat finish resists chipping and scratching through the most brutal routines.

Dimensions: 82"H x 49"L x 46"W



**LO378**  
Lift Offs



**Special Features**

- Wide walk-in design
- Twenty adjustment levels
- 3"x3" vertical 11-gauge steel support columns
- 41" wide knurled chinning bar
- Heat tempered lift-offs and saber style safety rods keep your workouts simple, safe and effective
- Ideal for commercial use