



Item Number
G6B

Assembled Dimensions
85" L x 50" W x 83½" H
Live Working Area
85" L x 72" W x 83½" H

Assembled Dimensions with Optional Leg Press
85" L x 82" W x 83½" H
Live Working Area
85" L x 96" W x 83½" H

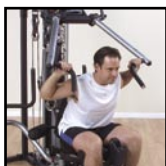


G6B Shown with Optional Leg Press / Calf Press Station & Aluminum Pulleys

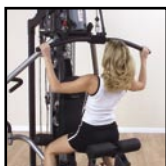
G6B Bi-Angular® Gym

The Body-Solid G6B was rated a Consumer Guide® "Best Buy" over all the competition. Body-Solid has advanced gym technology beyond simple pressing motions. Our patented Bi-Angular® Press Arm guides you through the optimal range of motion while applying resistance from two directions. The smooth, multi-directional resistance increases muscle interaction by 25%. Now you can enjoy the benefits of Bi-Angular® Technology when doing chest presses, incline presses and shoulder presses. It's like working out with free weights. The G6B also comes with the Perfect Pec™ Station. Equipped with swivel arms, adjustable range of motion, and designed for both unilateral and bilateral movements, you get the maximum stretch for deep muscle toning and the most incredible upper body development possible. The leg developer's SmoothGlide Bearing System™ combined with the self-aligning leg cuffs guide you through the most demanding leg curls and leg extensions. The G6B is jam packed with exercises. Lat pull downs, triceps presses, concentrated curls, leg adduction, leg abduction, and abdominal crunches. If you're looking for a home gym and love the feel of free weights, then you'll want the consumers choice... Body-Solid's G6B.

Perform over 50 club quality exercises including:



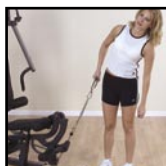
Converging Shoulder Press



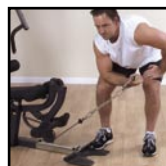
Lat Pulldown



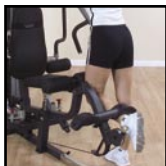
Pec Fly



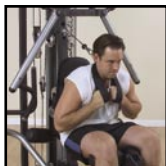
Oblique Bend



Concentration Curl



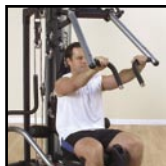
Leg Curl



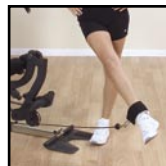
Abdominal Crunch



Leg Extension



Converging Chest Press



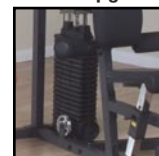
Leg Adduction
Leg Abduction

- 210 lb Selectorized Weight Stack
260 lb Weight Stack Available
- Bi-Angular® Press Station
- Hydraulic Seat Adjustment
- Press station and leg developer station feature SmoothGlide Bearing System™ with biomechanically accurate pivot points.
- 2" x 3", 11 Gauge Mainframe Construction
- Range of Motion Adjustment on Pec Station
- Instructional DVD and Full Size Exercise Chart

- Leg Press / Calf Press Station (2:1 Ratio)
- 50 lb Weight Stack Upgrade Kit



Item # GLP



Item # SP50

- Aluminum Pulleys



Item # GAP6